

# SHORELINE

## Fall 2014 RECREATION GUIDE

September thru December 2014



### New for Fall:

- Little Tiger Karate pg 8
- After-school LEGO program pg 11
- Breakdancing Competition! pg 12
- Expanded Insanity Workout schedule pg 17

COMING SOON ...  
**MONSTER MASH  
DASH!**

**Shoreline Parks, Recreation & Cultural Services**  
**Register at [www.shorelinewa.gov/registration](http://www.shorelinewa.gov/registration) or call (206) 801-2600**  
**Registration starts August 25th**





# SPECIAL EVENTS



## MONSTER MASH DASH

5K FUN RUN & WALK4HEALTH

Saturday October 11

Check-in City Hall: 8:00 am

Run: 9:00 am / Walk: 9:05 am / Costume Awards: 10:00 am

Route: Interurban Trail - 17500 Midvale Ave. N  
from 175th-147th and back (loop back 148th St.)

More info: [www.shorelinewa.gov/5k](http://www.shorelinewa.gov/5k) or (206) 801-2600

Stop by the Safety Fair afterwards to learn about  
fire prevention and lifesaving acts you need in an emergency!  
See page 30 for more info.



## Hamlin Halloween Haunt



Join us for Shoreline's annual Hamlin Halloween Haunt. Listen to spooky songs and stories as you toast marshmallows around a campfire, ride the hay wagon, play Halloween games and have your face painted.

Fri 10/17 6:00-8:30pm

Location: Hamlin Park  
16006 15th Ave NE

Fee: FREE



## Indoor Playground Halloween

Get ready for the cutest show in town! Children 1 – 4 years of age are invited to attend the Halloween Costume Carnival at Indoor Playground. Special games and hands-on art projects will be available in addition to the regular session of fun activities for young ones. Come dressed in costume!

Ages: 1 – 4 years

Fri

10/31 9:30am-12:00pm

Fee:

\$2.00 per child at the door

Location: Spartan Recreation Center

# SPECIAL HOLIDAY HAPPENINGS



## Veteran's Day Celebration

Tues 11/11 2:00pm

Location: Shoreline City Hall  
17500 Midvale Ave N

All veterans of any U.S. military service are invited, along with family and friends, to attend this event. Short program followed by refreshments.

## Holiday Crafts Market

Begin your holiday shopping at our 10<sup>th</sup> annual Holiday Crafts Market where 65 juried artisans will be selling their handmade crafts and wares. There will be two rooms filled with a winter wonderland of beautiful gifts.

Sat 11/22 9:00am-4:00pm

Location: Spartan Recreation Center  
202 NE 185 St.  
in the Shoreline Center Complex



## Breakfast With Santa

Pre-registration is required. Bring the whole family for a delicious breakfast with Santa. There will be games and activities for the entire family. Have your picture taken with Santa. We will be offering two breakfast seatings.

Photo and gift bag included.

Sat 12/6 9:00-10:15am

Sat 12/6 10:45-11:45am

Location: Shoreline/LFP Senior Center,  
Dining Room

Fee: Adults \$12, Child \$8



## Christmas Ship™ Visit in Shoreline

It's a tradition on Richmond Beach! Come and listen to local school choirs sing while waiting for the Argosy Christmas Ship to arrive. Enjoy simple refreshments while staying warm near the beach fires. Dress for the weather.

Tue 12/9 7:30-8:50pm  
(Ships arrive at 8:20pm)

Location: Richmond Beach Saltwater Park  
2021 NW 190<sup>th</sup>

Fee: Free



# Welcome



Richmond Beach Saltwater Park Dog Park opens 11/1 thru 3/15.

## Cover Photo

**Monster Mash Dash**  
**5K FUN RUN & WALK4HEALTH**

## NOTICE IN EFFECT State Sales Tax Compliance:

In compliance with WAC 458-20-183, City of Shoreline Parks, Recreation and Cultural Services includes Washington State tax in specified programs.

If you would like more information, please call (206) 801-2600.

## Parks, Recreation & Cultural Services Mission

To provide life-enhancing experiences and promote a healthy community. To bring our culture to life and transfer it to the next generation.

All programs in this brochure are intended for those with and without disabilities. If you believe you may need reasonable special accommodations, please call (206) 801-2600 and we will be happy to assist you.

## What is inside:

## Page

Special Events .....	2
General Information .....	3-4
Community Events .....	5-6
Toddler/Preschool.....	7-8
Youth .....	9-11
Teens.....	12-14
Adult.....	15-21
Specialized Recreation .....	22-23
Shoreline Pool.....	24-26
Shoreline Park Amenities.....	27
Facility Rentals .....	28
Community Programs & Events .....	29-30
Registration Information .....	31
Indoor Playground .....	32



## Snow and Inclement Weather Policy

The safety of our program participants is a prime consideration when determining if programs should be cancelled due to inclement weather. Parks, Recreation & Cultural Services Department classes and programs may be cancelled when the Shoreline School District closes due to inclement weather. For information regarding cancellations, please call (206) 801-2650 for any aquatic programs and (206) 801-2600 for all other programs.

Need help but don't know where to turn?

## Dial 2-1-1

to find social services such as ...

- Caregiver & Disability Resources
- Emergency Shelter
- Food & Clothing
- Health Care & Support Groups

- Rent Assistance
- Transportation
- Volunteering



Language interpretation available

Also: 206.461.3200 Toll Free 800.621.4636

[www.crisisclinic.org](http://www.crisisclinic.org)



# Information



## CITY COUNCIL

Shari Winstead, Mayor  
Chris Eggen, Deputy Mayor  
Will Hall  
Doris McConnell  
Keith A. McGlashan  
Chris Roberts  
Jesse Salomon

Debbie Tarry, City Manager

Dick Deal, Director of Parks, Recreation  
& Cultural Services

## PARKS, RECREATION and CULTURAL SERVICES BOARD MEMBERS

Katie Beth, Chair  
Jesse Sycuro, Vice Chair  
John Hoey  
Garry Lingerfelt  
Al Wagar  
Betsy Robertson  
Christine Southwick  
Vadim Dolgov, Youth Member  
Lauren Smith, Youth Member

## CUSTOMER RESPONSE TEAM (CRT)

24-Hour Phone Line (206) 801-2700

## Scholarships Are Available

For Shoreline residents in youth and specialized recreation programs. Please call the Spartan Recreation Center at (206) 801-2600.

*Se ofrecen becas para la juventud y personas con desarrollo retrasado. Para informacion llamen a (206) 801-2600.*

### CITY OF SHORELINE PARKS, RECREATION & CULTURAL SERVICES BOARD

Meets the 4th Thursday of  
every month 7:00-9:00 p.m.  
at City Hall

### SHORELINE LIBRARY BOARD

Meets every other month on  
the 1st Thursday 6:30-8:00 p.m.  
Rotates between Shoreline and  
Richmond Beach Libraries  
Contact: pks@shorelinewa.gov  
Or call (206) 801-2630

## How To Find Us

Recreation Program Registration – Spartan Recreation Center ..... (206) 801-2600  
Swim Lessons & Aquatics Program Registration - Shoreline Pool ..... (206) 801-2650  
Spartan Recreation Center & Picnic Shelter Rentals..... (206) 801-2600  
Spartan Recreation Center Fax Line..... (206) 801-2793  
Pool Fax Line ..... (206) 362-8450  
Sports Fields & Facility Reservations ..... (206) 801-2636  
The REC Teen Recreation Center..... 16554 Fremont Ave. N..... (206) 801-2680  
City Hall Parks Administrative Office ..... (206) 801-2630  
Online..... [shorelinewa.gov/parks](http://shorelinewa.gov/parks)  
TTY..... (206) 546-0457

## Spartan Recreation Center

202 NE 185 St. Shoreline, WA 98155 (206) 801-2600  
(Between Senior Center & Shoreline Stadium)

Hours: Monday - Thursday 8:00 a.m.-9:00 p.m.  
Friday 8:00 a.m.-5:00 p.m.  
Saturday 8:00 a.m.-4:00 p.m.



Like us on Facebook  
For Updates on Programs.  
[facebook.com/SpartanRecreationCenter](http://facebook.com/SpartanRecreationCenter)

## Shoreline Pool

19030 1<sup>st</sup> Avenue NE  
(206) 801-2650

### Pool Hours:

Monday - Friday 5:30 a.m.-8:45 p.m.  
Saturday 8:45 a.m.-3:00 p.m.  
Sunday 11:30 a.m.-3:00 p.m.



## Parks Administration

Shoreline City Hall  
17500 Midvale Avenue N.  
Shoreline, WA 98133-4921  
(206) 801-2630

TTY: (206) 546-0457

### Office Hours:

Monday - Friday 8:00 a.m.-5:00 p.m.

## Holiday Closures:

### Shoreline Pool

September 1 - Labor Day  
October 31 - Early evening closure  
November 11 - Veteran's Day  
November 26 - Early evening closure  
November 27 & 28 - Thanksgiving Holiday  
December 24 & 25 - Christmas Holiday  
December 31 - New Year's Eve  
January 1 - New Year's Day

### City Hall

September 1 - Labor Day  
November 11 - Veteran's Day  
November 27 & 28 - Thanksgiving Holiday  
December 25 - Christmas Holiday  
January 1 - New Year's Day

### Spartan Recreation Center

September 1 - Labor Day  
November 27 & 28 - Thanksgiving Holiday  
December 25 - Christmas Holiday  
January 1 - New Year's Day

## Satisfaction Guaranteed

We wish to provide you with the highest-quality recreation programs possible and ensure your satisfaction. If you are dissatisfied with the quality of any program component, please call (206) 801-2600 or for any aquatic program call (206) 801-2650. We will be happy to address your concerns.



# Free Community Events Calendar

SEPTEMBER

**September 6, 2014**

**SummerSet Arts Festival:  
Celebrating Ronald Bog**

Sat. 12:00-5:00pm

Ronald Bog Park, 2301 N 175th

The Festival will feature singers from tribes of Western Washington. Live music, hands-on art and much more. See page 6 for more info.

**October 1-31, 2014**  
**ARTS CRUSH!**

Shoreline City Hall, 17500 Midvale Ave. N

Artists working in the City Hall lobby during October. Come in and watch or find your creative side and make art with them. For more info: [www.shorelinewa.gov/art](http://www.shorelinewa.gov/art)

**October 4, 2014**

**Shoreline Farmer's Market**

Sat. 10:00am-3:00pm - last one of season

Shoreline City Hall, 17500 Midvale Ave. N

**October 11, 2014**

**Monster Mash Dash**

Sat. Check-in 8:00am; Run 9:00am;  
Walk 9:05am; Costume Awards 10:00am  
Interurban Trail - See page 2 for more info.

**Safety Fair**

Sat. 9:00am-2:00pm

Shoreline City Hall, 17500 Midvale Ave. N

Learn how to prepare yourself and your family in an emergency! See page 30 for more info.

**October 17, 2014**

**Hamlin Haunt**

Fri. 6:00-8:30pm

Hamlin Park, 16006 16th Ave NE

See page 2 for more info.

**October 18, 2014**

**Halloween Carnival & Silent Auction**

Sat. 10:00am-2:00pm

North City Elementary  
NE 190th Street

A day of family fun – exciting games for the kids, food, face-painting and silent auction. Costumes encouraged! Info at (206) 362-3257 or [www.shorelinecooperativeschool.org](http://www.shorelinecooperativeschool.org). For ages 1-8, free entry, small fee for games.



OCTOBER

**October 25, 2014**

**Richmond Beach Community Assoc.  
28th Halloween Carnival**

Sat. 3:00-7:00pm

Syre Elementary School, 19545 12th Avenue NW

Carnival games, cake walk, prizes, inflatable attractions, haunted house, food & more!  
Info: Sheri Ashleman (206) 542-9147 or [ExecDirector@RichmondBeachWA.org](mailto:ExecDirector@RichmondBeachWA.org).  
Toddlers to adults, tickets fare 2 for \$1.

**October 31, 2014**

**Indoor Playground Halloween**

Thu. 9:30am-12:00pm

Spartan Recreation Center, 202 NE 185th

See page 2 for more info.

**October 31, 2014**

**Halloween Party at Central Market**

Fri. 5:00-7:30pm

Shoreline Central Market, 15505 Westminster Way N

Hayrides, candy, games and entertainment are available at this free family event. Info: [www.central-market.com](http://www.central-market.com) or (206) 363-9226.

OCTOBER

**November 11, 2014**

**Veteran's Day Celebration**

Tue. 2:00-4:00pm

Shoreline City Hall, 17500 Midvale Ave. N.

See page 2 for info.

**November 22, 2014**

**Holiday Crafts Market**

Sat. 9:00am-4:00pm

Spartan Recreation Center, 202 NE 185th St.

See page 2 for more info.

NOVEMBER

**December 6, 2014**

**Breakfast with Santa**

Sat. seatings 9:00am & 10:45am

Shoreline Senior Center, Dining Room

See page 2 for info.

**December 6, 2014**

**Tree Lighting Ceremony**

Sat. 6:30pm

Les Schwab, 180th and 15th NE

**December 9, 2014**

**Christmas Ship™ Visit in Shoreline**

Tue. 7:30-8:50pm

Richmond Beach Saltwater Park,  
2021 NW 190th, see page 2 for more info.

DECEMBER



## The 3<sup>rd</sup> Annual Summerset Arts Festival: Celebrating Ronald Bog

Saturday, September 6th, 2014

12:00 p.m. - 5:00 p.m.

Ronald Bog Park at 175th & Meridian

### Featuring:

- Blue Heron Canoe Family, just back from their Pacific coast canoe journey
- kw'aX'wad'ad'achi Cultural Family, performing traditional songs and dances

### Showcasing:

- Live music
- Hands-on art
- Famous labyrinth walk
- Earthworks sculpture
- arboretum walks and more



For more information go to [www.facebook.com/SummerSetArts](http://www.facebook.com/SummerSetArts) or [www.shorelinehistoricalmuseum.org](http://www.shorelinehistoricalmuseum.org) or call 206-218-3302

The City of Shoreline invites you to the 10th annual

## Holiday Crafts Market

Saturday, November 22

9:00 am - 4:00 pm

Spartan Recreation Center

202 NE 185th St

Shoreline, WA 98155

Jewelry, textiles, gourmet foods and holiday crafts abound at Shoreline's Holiday Crafts Market. The market features 65 juried artisans. Start your holiday shopping in Shoreline to find that perfect hand-crafted gift.



Sponsored by the City of Shoreline Parks, Recreation and Cultural Services Department  
(206) 801-2600

[shorelinewa.gov/specialevents](http://shorelinewa.gov/specialevents)



# RUN FOR YOUR LIFE

**10.11.2014**

Register and more info:  
[shorelinewa.gov/5K](http://shorelinewa.gov/5K)

# MONSTER MASH DASH 5K

The City of Shoreline's 3rd annual family fun run and walk on Shoreline's Interurban Trail.

**COSTUMES**

**PRIZES**

**MUSIC & MORE**





# Toddler & Preschool

## Froggy Holler Outdoor School

At FH Preschool we'll explore Hamlin Park together, playing and imagining together. Each day we'll have a different nature themed topic to guide our play. We'll read, sing, craft and enjoy the park together. Please provide snacks for your child. Each student will receive a free t-shirt.

### Parent (Tot Tadpoles)

Come join us in the woods as we explore the park together! We will play, sing, read, and enjoy nature in this parent/tot class. Teacher Erin will lead the group in seasonally appropriate nature themed activities for each class and allow for cooperative and imaginative playtime. Potty confident students may attend on their own.

**Age:** 2 - 4 Years

**#66680** Th 9/18-11/27 9:30-11:00am

**Instructor:** Erin Middleton

**Location:** Hamlin Park, Picnic Shelter

**Fee:** \$180; w/Resident Disc: \$150

### Preschool (Froglets)

Enrich your child's preschool experience with Froggy Holler Outdoor Preschool class. Erin Middleton is a trained environmental educator. Erin will work with students to give them imaginative and cooperative playtime in the woods, as well as nature themed stories, activities, songs and poems. This is a wonderful opportunity for your child to leap right into outdoor learning and fun at local Shoreline parks! This class meets in every type of weather and is for students who are potty confident.

**Age:** 3 - 5 Years

**#66677** Tu 9/16-11/25 9:30-11:30am

**#66678** W 9/17-11/26 9:30-11:30am

**Instructor:** Erin Middleton

**Location:** Hamlin Park, Picnic Shelter

**Fee:** \$230; w/Resident Disc: \$200

### Kindergarten (Frogs)

FH Outdoor Kindergarten allows for an extension of your child's Kindergarten experience in a natural setting. We will cover nature topics of interest to the students and allow for cooperative, imaginative play as we learn in our outdoor classroom.

**Age:** 4 - 6 Years

**#66679** W 9/17-11/26 1:00-3:00pm

**Instructor:** Erin Middleton

**Location:** Hamlin Park, Picnic Shelter

**Fee:** \$230; w/Resident Disc: \$200



Froggy Holler - Learn while exploring nature

## Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines! Each child receives a Kidz Love Soccer Jersey! No class 12/27.

**Age:** 2 - 3 Years

**#66881** Sa 9/13-11/1 4:45-5:15pm

**Location:** Cromwell Park

**Fee:** \$100; w/Resident Disc: \$89

**#66643** Sa 12/6-1/3 9:00-9:30am

**Location:** Spartan Recreation Center, Gym - north

**Fee:** \$62; w/Resident Disc: \$53

**Instructor:** Kidz Love Soccer Staff

## Kidz Love Soccer

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Kidz Love Soccer... "Where the score is always FUN to FUN!" Each child receives a Kidz Love Soccer Jersey! No class 12/27.

### Tot Soccer

**Age:** 3 1/2 - 4 Years

**#66641** Sa 9/13-11/1 3:30-4:00pm

**Location:** Cromwell Park

**Fee:** \$100; w/Resident Disc: \$89

**#66879** Sa 12/6-1/3 9:40-10:10am

**Location:** Spartan Recreation Center, Gym - north

**Fee:** \$62; w/Resident Disc: \$53

### Pre-Soccer

**Age:** 4 - 5 Years

**#66642** Sa 9/13-11/1 4:00-4:35pm

**Location:** Cromwell Park

**Fee:** \$100; w/Resident Disc: \$89

**#66880** Sa 12/6-1/3 10:10-10:45am

**Location:** Spartan Recreation Center, Gym - north

**Fee:** \$62; w/Resident Disc: \$53

### Soccer 1

**Age:** 5 - 6 Years

**#66639** Sa 9/13-11/1 2:00-2:45pm

**Location:** Cromwell Park

**Fee:** \$100; w/Resident Disc: \$89

**#66877** Sa 12/6-1/3 10:45-11:30am

**Location:** Spartan Recreation Center, Gym - north

**Fee:** \$62; w/Resident Disc: \$53

## Soccer Skillz & Scrimmages

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game! Each participant receives a Kidz Love Soccer Jersey! Shin guards are required.

**Age:** 7-10

**#66640** Sa 9/13-11/1 2:45-3:30pm

**Location:** Cromwell Park

**Fee:** \$100; w/Resident Disc: \$89

**#66878** Sa 12/6-1/3 11:30am-12:15pm

**Location:** Spartan Recreation Center, Gym - north

**Fee:** \$62; w/Resident Disc: \$53

**Instructor:** Kidz Love Soccer Staff



# Toddler & Preschool

## Toddle Time Tumbling

Walking, running, marching, swinging, moving and exploring concepts such as up, down, in, out, through, etc. are important at this very young age. This class is designed to promote these movements in a friendly atmosphere. Parents are expected to participate. No class 11/29.

**Age:** 18 Months - 3 Years  
**#66656** F 9/19-10/24 9:30-10:00am  
**#66657** F 10/31-12/12 9:30-10:00am  
**Instructor:** Cascade Elite Gymnastics Staff  
**Location:** Spartan Recreation Center, Gymnastics Room  
**Fee:** \$70; w/Resident Disc: \$60

## Creative Dance

**NEW**

Dance, spin, twirl, hop, leap and explore the joy of movement in this dance class for little ones. Using musical instruments, singing and rhythmic play, your child will express his/her creativity and have fun moving to music. Parent participation required.

**Age:** 1½ - 3 Years  
**#67450** W 9/24-11/12 9:30-10:15am  
**#67451** W 9/24-11/12 10:30-11:15am  
**Instructor:** Faith Coben  
**Location:** Spartan Recreation Center, Olympic Room  
**Fee:** \$52; w/Resident Disc: \$44

## Indoor Playground

Slides, teeter-totters, climbing toys, mini basketball hoops and multi-sized balls are available to allow your children plenty of room to run and play in a large gymnasium. You are responsible for supervising your own children. This is a great activity for rainy and cold mornings and a fun way to meet other families.

**Age:** 1 - 5 Years  
**M-F** opens 9/22 9:30-11:30am  
**Location:** Spartan Recreation Center  
**Fee:** \$2/child at the door  
 10-punch Pass: \$16; w/Resident Disc: \$15  
 20-punch Pass: \$32; w/Resident Disc: \$30

## Preschool Spanish

Studies show young children learn other languages easily. Join us and learn how easily your young child can learn Spanish. Using Spanish songs, stories and engaging games, your child will be motivated to play and learn the Spanish language while having fun. Parent or caregiver must attend with child. All supplies included. For more information: [www.littlespanishcastle.com](http://www.littlespanishcastle.com).

**Age:** 3 - 5 Years  
**#66699** F 9/19-11/21 10:00-10:45am  
**Instructor:** Samantha Merca  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$80; w/Resident Disc: \$68



Shoreline Music Together fun.



Lot of fun things to do at Indoor Playground.

## Little Tigers Karate

**NEW**

This class is an ongoing program offering a fun, safe and inexpensive introduction to traditional Tangsodo karate for very young children. Taught by instructor Olivia Edwards, it is part of the karate program offered through Shoreline Parks that includes Karate for Kids and Adult Karate, coordinated by senior instructor Eric Madis, fifth degree black belt. Class activities include stretching and exercising, basic karate techniques and fun activities. Students from this program may then progress to Karate for Kids when they are ready. Rank promotions are available for students who attend and train regularly.

**Age:** 5-7 Years  
**#66874** M 9/8-10/20 5:00-5:45pm  
**#66875** M 10/27-12/15 5:00-5:45pm  
**Instructor:** Olivia Edwards  
**Location:** Richmond Highlands Recreation Center, Gymnasium  
**Fee:** \$60; w/Resident Disc: \$55

## Shoreline Music Together

Join this innovative music and movement program for children. Each child will participate at his or her own level in singing, moving, chanting, listening and exploring musical instruments. There will be professional music recordings, a parent guide and new songs each week. Join this community of families sharing songs and music in a relaxed and playful environment. For more information, check out: [www.musictogether.com](http://www.musictogether.com). \$40 service fee per family payable to instructor, one fee per family.

**Age:** newborn - 5 Years  
**#66703** Tu 9/23-11/25 10:20-11:05am  
**#66744** Tu 9/23-11/25 11:10-11:55am  
**#66701** W 9/24-11/26 9:30-10:15am  
**#66702** W 9/24-11/26 10:30-11:15am  
**#66700** Sa 9/27-11/29 10:30-11:15am

**Instructor:** Elena DeLisle-Perry  
**Location:** Spartan Recreation Center, Olympic Room  
**Fee:** \$139; w/Resident Disc: \$116

### Free Demo Class

Sa 9/13 10:30am  
**Location:** Spartan Recreation Center, Olympic Room

## Preschool Gymnastics

Our child-sized gymnastics equipment, games and more are all used to help teach gymnastics basics to preschoolers. Emphasis is placed on having fun, learning and following directions. Each session will offer new and exciting activities.

**Age:** 3 Years  
**#66650** F 9/19-10/24 10:15-10:45am  
**#66655** F 10/31-12/12 10:15-10:45am  
**Age:** 4 - 5 Years  
**#66653** F 9/19-10/24 11:00-11:30am  
**#66654** F 10/31-12/12 11:00-11:30am

**Instructor:** Cascade Elite Gymnastics Staff  
**Location:** Spartan Recreation Center, Gymnastics Room  
**Fee:** \$70; w/Resident Disc: \$60



## Pre-Ballet

Does your child dream of being a ballet dancer? Join this light-hearted and fun approach to dance. We will learn basic ballet steps and dance to classical and popular music. Wear leotards, tights and pink leather ballet shoes (girls) and black leather ballet shoes (boys).

**Age:** 3 Years  
**#66705** F 9/19-11/21 9:30-10:15am  
**Age:** 4 - 5 Years  
**#66706** F 9/19-11/21 10:15-11:00am  
**Age:** 4 - 5 Years (cont. students)  
**#66707** F 9/19-11/21 11:00-11:45am  
**Age:** 4 - 5 Years (new students)  
**#66709** Sa 9/20-11/22 9:15-10:00am  
**#66708** Sa 9/20-11/22 10:15-11:00am  
**Instructor:** Miss Lorna  
**Age:** 3 - 4 Years  
**#67452** M 9/22-11/24 10:30-11:15am  
**Instructor:** Miss Osiris  
**#66775** W 9/24-11/26 10:00-10:45am  
**Instructor:** Miss Vicki  
**Location:** Spartan Recreation Center, Dance Room  
**Fee:** \$66; w/Resident Disc: \$55

## Pre-Ballet & Tap

Young dancers will have a ball with this high energy combination of ballet and tap. Each week we will learn dance steps and movements in both ballet and tap to great music. Wear leotards, tights, ballet and tap shoes.

**Age:** 4 - 5 Years  
**#66892** Tu 9/23-11/25 9:30-10:15am  
**Instructor:** Miss Joan  
**Location:** Spartan Recreation Center, Olympic Room  
**Fee:** \$66; w/Resident Disc: \$55

## Ballet

Join this beginning level ballet class to learn basic movements, steps and routines to classical and contemporary music. Young dancers will develop strength and coordination while discovering the joy of dance.

**Age:** 6 - 8 Years (new students)  
**#66710** Sa 9/20-11/22 11:00am-12:00pm  
**Instructor:** Miss Lorna  
**Age:** 7 - 10 Years (continuing students)  
**#66712** Sa 9/20-11/22 12:00-1:00pm  
**Age:** 9 - 11 Years (continuing students)  
**#66900** Sa 9/20-11/22 1:00-2:00pm  
**Instructor:** Miss Lorna  
**Age:** 6 - 8 Years  
**#66714** M 9/22-11/24 4:00-4:55pm  
**Instructor:** Miss Vicki  
**Age:** 8 - 11 Years  
**#66711** W 9/24-11/26 4:00-5:00pm  
**Instructor:** Miss Vicki  
**Location:** Spartan Recreation Center, Dance Room  
**Fee:** \$72; w/Resident Disc: \$60

## Dance Moves

Learn the hottest and most fun dance moves in this high energy class. We'll move to great sounds and explore jazz, modern, hip hop and Zumba. This is a great class for friends to take together. Wear tennis shoes.

**Age:** 7 - 11 Years  
**#66719** M 9/22-11/24 5:00-5:55pm  
**Instructor:** Miss Vicki  
**Location:** Spartan Recreation Center, Dance Room  
**Fee:** \$72; w/Resident Disc: \$60



## Hip Hop

Hip Hop dance is a fun and energetic class that will get everyone MOVIN' and GROOVIN' to popular music. Come learn some exciting dance movements that will teach you memory, rhythm and coordination. This is a beginning level dance class and NO hip hop or dance experience is required. Instructor is the coach and choreographer for the Shorecrest Hip Hop team. No class 11/27.

**Age:** 6 - 11 Years  
**#66717** Th 9/25-12/4 4:00-4:45pm  
**Instructor:** Rex Kinney  
**Location:** Spartan Recreation Center, Dance Room  
**Fee:** \$72; w/Resident Disc: \$60

## Irish Dance

Irish dance is one of the most fun and energetic dance forms and the great fun will keep you coming back for more. Learn basic dance steps, jigs and reels to traditional Irish music. Wear comfortable clothing and sport shoes or ballet slippers. No special footwear is required. No class 11/27.

**Age:** 6 - 11 Years  
**#66715** Th 9/25-12/4 5:00-6:00pm  
**Age:** 12 Years and up  
**#66716** Th 9/25-12/4 6:00-7:00pm  
**Instructor:** Peggy O'Toole Weber  
**Location:** Spartan Recreation Center, Gymnastics Room  
**Fee:** \$72; w/Resident Disc: \$60



## Breakdance Lessons

Gain an understanding of the foundational movements and creativity which are involved in b-boying/b-girling. This high-energy, rich and developing dance form can inspire students to develop a life-time love of dance. Lawrence Shields has been involved in breakdancing for over 20 years and competes in competitions across the country. Dancers will have a chance to compete in the annual 2014 break dance competition in October.

**Age:** 4 - 6 Years  
**#66888** Tu 9/16-11/4 4:15-5:00pm  
**Age:** 7 - 12 Years  
**#66887** Tu 9/16-11/4 5:30-6:15pm  
**Instructor:** Lawrence Shields  
**Location:** Spartan Recreation Center, Gymnastics Room  
**Fee:** \$36; w/Resident Disc: \$30



# Youth

## Karate for Kids

This popular and ongoing class offers a safe, fun and often challenging introduction to traditional Tangsoodo karate. This is a martial art that, when practiced regularly, is effective for self-defense, fitness and the development of concentration, confidence and other life skills. Instructor Mark Edwards teaches this class from 6-7pm on Monday evenings. Rank promotions are available to those who train regularly. Those meeting age and rank requirements may continue their training in the Adult Karate program on Monday and Wednesday evenings.

**Age:** 7 - 12 Years

**#66663** M 9/8-10/20 6:00-7:00pm

**#66873** M 10/27-12/15 6:00-7:00pm

**Instructor:** Mark Edwards

**Location:** Richmond Highlands Recreation Center, Gymnasium

**Fee:** \$60; w/Resident Disc: \$55

## F.I.T. Games

FIT Games is a strength and conditioning fitness program specifically designed for kids. It will help improve agility, core strength and cardiovascular fitness in a fun environment. We will play games like Zombie Tag and Angry Birds and go through outrageous obstacle courses. Whether you are a budding athlete or just need to move more, join us and find out how much fun exercise can be. No class 11/22.

**Age:** 7 - 10 Years

**#66728** Sa 9/20-10/25 10:00-10:45am

**#66729** Sa 11/1-12/13 10:00-10:45am

**Instructor:** Arnie Martinez

**Location:** Spartan Recreation Center, Gymnasium

**Fee:** \$48; w/Resident Disc: \$40

## Keep Safe

Join this non-physical self-defense class and learn assertiveness techniques to help you increase your sense of personal power and safety from sexual assault, harassment and bullying. We will address very serious issues in a playful, interactive workshop that profoundly increases personal safety. This workshop is designed for girls and women, ages 11+ and perfect for mothers and daughters to take together. Instructor is a licensed mental health counselor for over 25 years and former middle school counselor.

**Age:** 11 Years and up

**#66724** Sa 10/18 10:00am-12:30pm

**Instructor:** Shelley White

**Location:** Spartan Recreation Center, Cascade Room

**Fee:** \$48; w/Resident Disc: \$40

## Personal Youth Basketball Trainer

Want to know how to play better basketball but don't know how to begin? It may be time for you to work out with a personal basketball trainer. Once you register, instructor Wayne Edwards will contact you to set up an appointment at your convenience. Wayne has over 30 years of coaching experience and 10 years as a personal basketball trainer. Wayne was honored as the 2008-09 WESCO Women's Coach of the Year while coaching at Edmonds-Woodway.

**Age:** 10 - 17 Years

**Dates:** 9/22-12/6

**Instructor:** Wayne Edwards

**Location:** Spartan Recreation Center, Gymnasium-South

**Fee:** \$39; w/Resident Disc: \$36

## Shoreline Youth Sports Organizations

### Richmond Football

(206) 365-7411

[www.eteamz.com/richmondjrfootball](http://www.eteamz.com/richmondjrfootball)

### Shoreline Cheer

(206) 365-7411

[www.eteamz.com/richmondjrfootball](http://www.eteamz.com/richmondjrfootball)

### Shoreline YMCA T-Ball

(206) 363-0446

[www.daleturnerymca.org](http://www.daleturnerymca.org)

### Hillwood Soccer Club

(206) 542-3353

[www.hillwoodsoccer.com](http://www.hillwoodsoccer.com)

### Shorelake Soccer Club

(206) 362-3594

[www.shorelake.org](http://www.shorelake.org)

### North King County Little League

Baseball/Softball

(206) 362-6316

[www.nkcll.org](http://www.nkcll.org)

### Richmond Little League

Baseball/Softball

[www.richmondlittleleague.com](http://www.richmondlittleleague.com)

### Sno-King Youth Club

Soccer/Basketball/Baseball/Softball

[www.skyc.net](http://www.skyc.net)

(425) 775-2633

### Cascade Swim Club

(206) 612-7099

[www.cascadeswimclub.com](http://www.cascadeswimclub.com)

## CAMP SHORELINE Holiday Break

AGES 4-12

# SCHOOL'S OUT CAMP

December 22,23,26,29,30 / January 2  
8am-6pm @ Spartan Recreation Center

Looking for something fun to do during holiday break? Join us at Camp Shoreline where we spend our days playing games, swimming, creating art and exploring other winter and holiday based activities. Camp is led by professionally trained staff and meets at the Spartan Recreation Center. Please bring a sack lunch, wear tennis shoes and pack a swimsuit/towel for kids 7+.

Daily Price \$45/\$40\*

**#66667** M 12/22 8am-6pm

**#66668** Tu 12/23 8am-6pm

**#66669** F 12/26 8am-6pm

**#66670** M 12/29 8am-6pm

**#66671** Tu 12/30 8am-6pm

**#66672** F 1/2 8am-6pm

\*With Resident Discount

Call 206-801-2600 to Register





## Positive Choices

Boys and girls will learn to make positive choices when it comes to making friends, making choices, dealing with anger, emotions and conflict. We'll teach your child how to effectively stop being bullied, stop bullying, and make positive and healthy behavioral choices. We will participate in discussion and games to provide a lot of positive learning. All supplies included.

**Age:** 8 - 11 Years  
**#66731** Tu 10/14 4:00-6:00pm  
**Instructor:** Paul Figueroa, former King County Police Officer  
**Location:** Spartan Recreation Center, Olympic Room  
**Fee:** \$43; w/Resident Disc: \$36

## Positive Choices for Girls

Girls will learn to make positive choices when it comes to making friends, making choices, dealing with anger, emotions and conflict. We'll teach your daughter how to effectively stop being bullied, be assertive, ask for what she needs and speak up. We will participate in discussion and games to provide a lot of positive learning with a focus on positive self esteem and assertiveness. All supplies included.

**Age:** 8 - 11 Years  
**#66733** Tues 10/21 4:00-6:00pm  
**Instructor:** Paul Figueroa, former King County Police Officer  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$43; w/Resident Disc: \$36

## Super Sitters

This program is designed to train young people in basic babysitting skills as well as safety and home-alone skills. Students completing the course will be better prepared to provide a safer and more positive infant/child care experience. This class is taught by a hospital-qualified instructor and includes parent expectations, basic first aid, home and fire safety, Heimlich maneuver, telephone tips, toys, activities and infant care. Participants receive a certification card upon completion of the class. Bring a sack lunch.

**Age:** 11 - 15 Years  
**#66730** Sa 9/27 9:00am-2:00pm  
**Instructor:** Cindy Tucker  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$48; w/Resident Disc: \$40

## Sewing Lessons

Learn basic machine sewing skills while making a variety of projects for yourself or as gifts to give. Skills will include threading the machine, bobbin winding, using a pattern, cutting fabric, straight stitch, zig zag and hand sewing. Sewing machines, materials and patterns provided. No additional supplies needed. No class 10/30.

**Age:** 8 - 14 Years  
**#66727** Th 9/25-11/20 4:00-5:30pm  
**Instructor:** Beckie Stratton  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$180; w/Resident Disc: \$150

## Drawing and Painting

Join us to learn how to draw and paint and create unique art projects that express your creative spark. We will begin with drawing skills then move to full color paintings using watercolor and acrylic paints. Instructor is owner of Dragonfly Art Studio. \$6 supply fee payable to instructor.

**Age:** 7 - 11 Years  
**#66734** W 10/8-10/29 4:00-5:30pm  
**#66735** W 11/5-11/26 4:00-5:30pm  
**Instructor:** Melissa Meier, owner of Dragon Fly Studio  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$66; w/Resident Disc: \$56



## Pre Engineering with LEGO



Let your imagination run wild with tens of thousands of LEGO! Build engineer-designed projects such as boats, bridges, mazes and motorized cars and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenging of engineering FUNDamentals. All supplies included.

**Age:** 5 - 7 Years  
**#67362** M 9/29-11/17 4:00-5:30pm  
**Instructor:** Lego Staff  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$144; w/Resident Disc: \$120

## Kids in the Kitchen

Wow your family and friends with your culinary abilities! Join us and learn basic cooking skills in these hands-on workshops. You will measure, chop, dice, stir and cook ingredients while making yummy recipes. All supplies provided. Robin is a teaching chef and an experienced cook for children.

**Age:** 7 - 11 Years  
**Breakfast Foods**  
**#66720** Tu 9/30 4:30-6:00pm  
**Pumpkin Pie**  
**#66721** Tu 10/14 4:30-6:00pm  
**Holiday Appetizers/Party Foods**  
**#66722** Tu 11/4 4:30-6:00pm  
**Gingerbread Cookies**  
**#66723** Tu 12/2 4:30-6:00pm  
**Instructor:** Robin Nield  
**Location:** Spartan Recreation Center, Cascade Room-w/Kitchen  
**Fee:** \$30; w/Resident Disc: \$25



"Kids in the Kitchen" making breakfast foods.

## Cartooning

Have fun learning to draw all new cartoon characters, horses and animals then create your own comic strip. Your imagination is your limit! All supplies provided. Class is for beginners and continuing students.

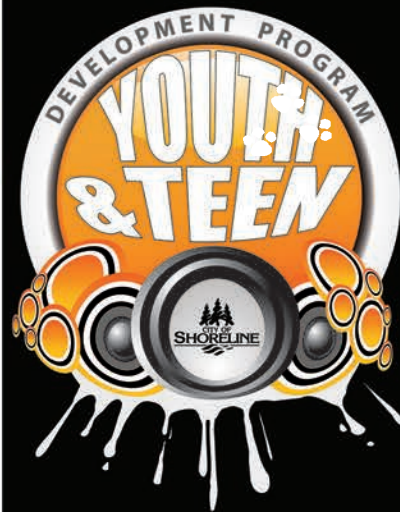
**Age:** 6 - 11 Years  
**#66725** Sa 11/8 10:00am-12:00pm  
**Instructor:** Jeanne Shepard  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$18; w/Resident Disc: \$15

# THE REC

16544 FREMONT AVE N | (206) 801-2680

**FREE drop-in Teen Center For Middle School To 18 Year Olds!**

**MON CLOSED**  
**TUES-THURS 2:30PM-7PM**  
**FRI 2:30PM-12AM**  
**SAT 7PM-12AM**



## SPECIAL EVENTS

### Tween Night

5th and 6th Graders! This is your night to kick it with your friends without younger sibs or older kids. Parents, this program offers a safe and fun place for Tweens to hang out with friends on a Saturday night. There will be fun games, activities, crafts, music, and food! And it's free! For more information, please contact Austin at (206) 801-2643.

**Age:** 5th and 6th graders  
**Sa** 9/13 6:30-10:30pm  
**Sa** 10/11 6:30-10:30pm  
**Sa** 11/8 6:30-10:30pm  
**Sa** 12/13 6:30-10:30pm  
**Location:** Richmond Highlands Recreation Center  
**Fee:** Free



**Monster Mash Dash fun!**

### Monster Mash Dash Teen Volunteers

Kick off the Halloween season with a theatrical volunteer experience! Dress up in your favorite monster costume to cheer on and spook the 5k runners along the course route. You can earn community service hours for volunteering. Costumes must be family appropriate. For more information contact us at (206) 801-2645.

**Age:** 12 - 18 Years  
**#66614** **Sa** 10/11 8:00-11:00am  
**Location:** City Hall, meet at first floor lobby  
**Fee:** Free

### FreeFall 2014

FreeFall is this October! Do you consider yourself a B-Boy or a B-Girl? Whether you wish to compete or just watch, come join the Breakdance Jam for our annual fall Shoreline Youth and Teen Development Program. Contest and performances to be announced. For more information contact Austin at (206) 801-2643.

**F** 10/24 6:30-11:30pm  
**Location:** Richmond Highlands Recreation Center  
**Fee:** Free



**Find us on Facebook**  
[facebook.com/ShorelineTeenProgram](https://facebook.com/ShorelineTeenProgram)

### "After the Game" Party

Join us following the Shorewood and Shorecrest High School football game where there will be dancing, photo booth, and lots of food. It is a free event for all high school students in the Shoreline district. Just present your school I.D. at the door. There will be door prizes. For more information, please call (206) 801-2644.

**F** 9/26  
**Time:** Party starts after the game until 12:00am  
**Location:** Spartan Recreation Center  
**Fee:** Free



## [Rec]ord

Calling all current and future musicians! Whether you are looking to pick up an instrument for the first time or wish to build upon your abilities, this is the place for you. Over 8 weeks we will explore the basics of song writing, band development, performance, and recording in a fun and casual setting. Recording session at Shoreline Community College included! For more information, please call Austin at (206) 801-2643.

**Age:** 12 - 18 Years  
**#66616** Th 10/2-11/20 4:00-6:00pm  
**Location:** Richmond Highlands Recreation Center  
**Fee:** Free

## Shoreline Youth Ambassadors

Join the popular teen-led program, Shoreline Youth Ambassadors, as they strive to be the voice for teens in Shoreline. As a member you are committed to S.Y.A. for one year attend at least two meetings a month. We will also be working on a culminating project throughout the year and participate in volunteer opportunities in Shoreline. You will receive community service hours. To apply for S.Y.A., please download an application at <http://www.shorelinewa.gov/teens> or call Waldo Nambo at (206) 801-2644 for more information. S.Y.A. applications are due by September 26th.

**Age:** 14 - 18 Years  
**Tu** 9/2-12/23 6:00-8:00pm  
**Location:** City Hall

## Teens - Rec-N-Crew

Looking for a fun way to earn community service hours while giving back to your community? Join the Rec-N-Crew to learn leadership, teamwork, and life skills while making great memories and lasting friendships! For more information, please call Austin at (206) 801-2643

**Age:** 14 - 18 Years  
**Tu** 9/9-12/23 4:00-5:30pm  
**Location:** Richmond Highlands Recreation Center

## Einstein Climbing Club

Join one of Einstein's most adventurous clubs! This is a beginner and intermediate rock climbing club just for Einstein Students. You will learn the fundamentals of climbing such as climbing knots and climbing commands while building confidence that will help you develop as a climber. Orientation is on October 22nd from 3:00 - 4:30pm only, followed by 7 weeks of climbing at Vertical World. Includes your very own Einstein Climbing Club t-shirt! This is one fun extreme sport that anyone can do. For more information contact us at (206) 801-2645.

**Age:** 12 - 15 Years  
**#66629** W 10/22-12/17 3:00-6:00pm  
**Location:** Einstein Middle School, Parking Lot  
**Fee:** \$140; w/Resident Disc: \$118

## Kellogg Middle School HANG TIME

Looking for something to do after school at Kellogg on Tuesdays, Wednesdays, and Thursdays? Well, join us and hang out at the coolest spot after school on this side of the freeway. Check out the many clubs, sports, and games that we have to offer. It is free and snacks will be provided. Stop by the Hang Time office or call Waldo at (206) 801-2644 for more information.

**Age:** 12 - 14 Years  
**Tu,W,Th** 9/16-12/18 2:55-4:45pm  
**Location:** Kellogg Middle School, Gymnasium



## Einstein After School

Hang out after school Tuesdays and Thursdays in the Student Activities Center. There are always great snacks, ping pong, arts & crafts, video games, sports tournaments and more! No registration necessary. Participants are eligible to ride the activity bus home at 4:45pm. Stay tuned to the Einstein Daily Bulletin for a schedule of events. For more information contact us at (206) 801-2645.

**Age:** 12 - 14 Years  
**Tu,Th** 9/23-12/18 3:00-4:30pm  
**Location:** Einstein Middle School, Gymnasium  
**Fee:** Free

## Lunch Time Activities

Join Shoreline's awesome Teen program staff at your school for weekly fun and games! Play dodgeball, basketball, ping pong or connect four!

**Einstein** - - - - - Tuesdays

**Shorewood** - - - Tuesdays

**Kellogg** - - - - - Tuesdays

**Shorecrest** - - - - Thursdays in gym

# Teens

## Holidazzle Happenings

Join us in celebrating the season! These trips are free and fill up on a first come first serve basis. Register now to reserve your spot. We will cover your admission and hot cocoa, bring extra money if you want to buy dinner or snacks. For more information contact us at (206) 801-2645.

**Age:** 12-18

### Garden of Lights and Snowflake Lane

Celebrate the holiday season with a night of holiday lights, Snowflake Lane parade & a little holiday cheer.

**#66907** W 12/17 4:00 – 9:00pm

**Location:** Richmond Highlands Recreation Center

**Fee:** Free

### Ice Skating and Hot Cocoa

Let's go ice skating! Afterward we will warm up with some hot chocolate and share our favorite holiday memories.

**#66908** W 12/22 3:00 – 6:00pm

**Location:** Richmond Highlands Recreation Center

**Fee:** Free



## Mexican Folk Dance

Would you like to learn about Mexican traditional dancing? Come join us at the REC every Monday from 3pm to 6pm. No experience is necessary, just an open mind. For more information, please contact Waldo at (206) 801-2644.

**Age:** all ages

**#66898** Tu 9/23-12/23 2:45-5:00pm

**Location:** Spartan Recreation Center, Dance Room

**Fee:** Free

# Create & Make Workshop Series

**\$35 each** or get a  
season pass for **\$150**

Get tickets online at  
**Brown Paper Tickets.com**

**More info:**  
**www.shorelinearts.net**





## Spartan Recreation Center Weight Room

Participants must be 14 years or older. Participants 14-17 must be accompanied by a parent or guardian.

### Drop-in Hours:

Mon-Thu 8:00am-9:00pm  
Friday 8:00am-5:00pm  
Saturday 8:00am-4:00pm

### Drop-in Fees:

Per visit: \$3; w/Resident Disc: \$2  
10-Punch: \$29; w/Resident Disc: \$19  
3-Month: \$63; w/Resident Disc: \$53

## Personal Trainer

Want to start exercising but don't know how to begin? Are you exercising but not getting the result you want? If so, it's time for you to work out with a personal trainer at the Spartan Recreation Center Weight Room. Once you register, our personal trainer will contact you to set up an appointment at your convenience. We are dedicated to providing you with a safe program that is unique to your fitness goals.

**Fee:** \$43/hr; w/Resident Disc: \$36/hr

## Karate

Self-defense, physical fitness and confidence are some of the many benefits from quality karate training. Learn traditional Tangsoodo karate with supplemental self-defense skills from Judo and Aikido from dedicated instructors in a community of students from beginning to advanced that make this program a family-like experience. Rank promotions are available for those who train regularly. Special monthly classes are available to advanced ranks. Monday basics classes are recommended for everyone. Wednesday classes are more challenging and recommended for intermediate and advanced students. Senior instructor Eric Madis has over 50 years of martial arts experience and has taught this class since 1992.

**Age:** 10 Years and up

#66644 M 9/8-10/27 7:15-8:30pm

#66645 W 9/10-10/29 7:15-8:30pm

**Fee:** \$36; w/Resident Disc: \$30

#66646 M,W 9/8-10/29 7:15-8:30pm

**Fee:** \$70; w/Resident Disc: \$60

#66647 M 11/3-12/15 7:15-8:30pm

#66648 W 11/5-12/17 7:15-8:30pm

**Fee:** \$36; w/Resident Disc: \$30

#66649 M,W 11/3-12/17 7:15-8:30pm

**Fee:** \$70; w/Resident Disc: \$60

**Instructor:** Eric Madis & Gail Hammer

**Location:** Richmond Highlands Recreation Center, Gymnasium

## Japanese Swordsmanship

Release your inner samurai! Japan's sword arts combine profound spiritual, technical and strategic content in beautiful forms that foster calm, self-confidence, mental agility and character development. Chief instructor Dr. Jonathan Bannister has more than 30 years martial arts experience, holds a 5th-degree blackbelt in Iaido and is a 2009 inductee into the USA Martial Arts Hall of Fame. Instruction is offered in All Japan Kendo Federation Iaido, Muso Shinden Ryu Iaido, Aikiken and Aiki-Jo. All materials included: swords provided!

**Age:** 13 Years and up

#66673 Th 9/11-10/23 7:15-8:30pm

Sa 9/13-10/25 2:00-3:30pm

**Fee:** \$150; w/Resident Disc: \$140

#66674 Th 10/30-12/20 7:15-8:30pm

Sa 10/30-12/20 2:00-3:30pm

**Fee:** \$140; w/Resident Disc: \$130

### Beginner Japanese Sword

#66675 Th 9/11-10/23 7:15-8:45pm

**Fee:** \$80; w/Resident Disc: \$70

#66676 Th 10/30-12/18 7:15-8:45pm

**Fee:** \$70; w/Resident Disc: \$60

**Instructor:** Dr. Jonathan Bannister

**Location:** Spartan Recreation Center



## Tai Chi

Tai Chi is a non-strenuous traditional Chinese exercise that promotes concentration, balance and coordination. The slow and steady movements develop balance between mind and body to reduce stress. Wear loose clothing and flat-heeled shoes.

#66736 Tu 9/30-11/18 7:30-8:30pm

**Instructor:** Kevin Wilhelmsen, nurse educator & Tai Chi practitioner for more than 20 years.

**Location:** Spartan Recreation Center, Dance Room

**Fee:** \$74; w/Resident Disc: \$62

## Badminton

Singles and doubles badminton is played Friday evenings. All skill levels and all ages are welcome! We have a six spacious courts and players are friendly. Participants are required to bring their own racquets and birdies. Monthly registration is required for this program. Drop in players are not allowed.

#63309 F 12/5-12/16 7:30-9:30pm

**Location:** Spartan Recreation Center

**Fee:** \$10



## Morning Full Court Basketball

Full court basketball is played Monday & Friday mornings. Monthly registration is required for this program. Drop-In players are not allowed. Register online at [www.shorelinewa.gov/registration](http://www.shorelinewa.gov/registration). **Walk-ins not accepted.**

#66635 M,F 9/22-9/29 6:00-7:00am

**Fee:** \$8

#66636 M,F 10/3-10/31 6:00-7:00am

#66637 M,F 11/3-11/24 6:00-7:00am

#66638 M,F 12/1-12/29 6:00-7:00am

**Fee:** \$14

**Instructor:** Recreation Staff

**Location:** Spartan Recreation Center, Entire Gymnasium

## Drop-In Sports

Come and play at the Spartan Recreation Center. Pick the sport of your choice and drop-in when your schedule allows.

Sport	Ages	Dates	Time	Cost	Location
Noon Basketball *	18 yrs and up	M,W,F begins 9/22	12:00-1:30pm	\$3; w/Resident disc: \$2	Spartan Recreation Center
Basketball 40+ (full court)	40 yrs and up	W begins 9/24	7:00-9:00pm	\$3; w/Resident disc: \$2	Spartan Recreation Center
Volleyball 50+	50 yrs and up	M,Th begins 9/22	1:30-3:00pm	\$3; w/Resident disc: \$2	Spartan Recreation Center

\*Note: limit of 25 players. Sign-in begins at 11:50am

Call the Spartan Recreation Center for open gym availability (206) 801-2600



Learning to dance with MaryLee.

## Learning to Dance - One Step at a Time

Do you feel like you have two left feet when it comes to dancing? Have a desire to learn the very basics and the similarities of all dance forms? In this very popular and fun beginning class, you'll learn the basics of many dances, partnering skills and footwork for various types of music. Yes, you can learn to dance!

**Foxtrot, Western 2 Step, Single time Swing, Salsa**  
#66855 M 9/29-10/27 7:15-8:15pm

**Triple Time Swing, Blues, Waltz, Salsa and Cha-Cha-Cha**  
#66856 M 11/10-12/8 7:15-8:15pm

**Instructor:** MaryLee Lykes, owner of Lykes to Dance  
**Location:** Spartan Recreation Center, Dance Room  
**Fee:** \$60; w/Resident Disc: \$50

## Adult Hip Hop



Hip Hop is a popular and energetic dance form that is all the rage at clubs and halls. Come learn why and experience dance moves to great music. This is a beginning level dance class and NO hip hop or dance experience is required. Instructor is the coach and choreographer for the Shorecrest Hip Hop team.

#67416 Tu 9/23-10/21 7:45-8:45pm  
#67417 Tu 10/28-11/25 7:45-8:45pm

**Instructor:** Rex Kinney  
**Location:** Spartan Recreation Center, Gymnastics Room  
**Fee:** \$60; w/Resident Disc: \$50

## Salsa

Hot, hot, hot! Add spice to your life while you learn the basic foot patterns of this sensual and easy to learn dance with its Latin and Afro Cuban roots. We'll cover the basics then add great Salsa combinations and spins in this high energy dance class. No partners necessary.

#66772 W 9/24-10/22 7:30-8:30pm  
#66773 W 10/29-11/26 7:30-8:30pm

**Instructor:** Vicki Gabrielle  
**Location:** Spartan Recreation Center, Dance Room  
**Fee:** \$60; w/Resident Disc: \$50

## Belly Dance

Have some fun this season learning how to belly dance! This sassy dance form is popular with all ages and body types. Get in shape, tone, stretch and increase flexibility to great music while learning Egyptian-American cabaret style dance. Hip circles, shimmies, shoulder rolls and grapevine moves will be combined into a fun and active choreography. Wear comfortable clothing.

**Beginning Students**  
#66752 M 9/29-11/17 6:45-7:45pm

**Continuing Students**  
#66753 M 9/29-11/17 7:45-8:45pm

**Advanced Students**  
#66754 W 10/1-11/19 7:30-8:30pm

**Instructor:** Janice Wing  
**Location:** Spartan Recreation Center, Gymnastics Room  
**Fee:** \$62; w/Resident Disc: \$52



This internationally recognized dance fitness class is designed to accommodate all fitness levels! Class includes a warm-up, cardiovascular conditioning, muscle-toning and stretching. Here's your chance to get in shape in a friendly, fun environment. Bring an exercise mat for floor work.

## REGISTER FOR JAZZERCISE WITH THE INSTRUCTOR AT THE PROGRAM SITE.

For more information, contact [madjazz@live.com](mailto:madjazz@live.com).

**Dates:** Ongoing, join anytime!

Mon/Fri	9:45-10:45 am
Tue/Thu	9:30-10:30 am
Sat	8:00-9:00 am
Sat	9:00-10:00 am
M, Tu, Th	6:00-7:00pm

**Fee:** \*Sales tax will be added to fee

**Option 1:** Easy Fitness Ticket \$38\*

(Monthly pass-automated payment)

**Option 2:** Monthly Pass \$55\*

**Option 3:** Drop-in \$12\* per class

**Option 4:** 4-class punch card \$35\*

**Location:** Spartan Recreation Center

**Instructor:** Madelaine Jensen



## Pilates

Pilates is all about strengthening your core muscles. In this class, you will strengthen your abdomen to support your spine and improve your flexibility. Join us for abdominal stretches, legwork and back exercises all designed by Joseph Pilates. This class is perfect for all fitness levels. Bring an exercise mat.

#66757	M	9/22-10/27	11:00-11:45am
#66758	W	9/24-10/29	11:00-11:45am
#66759	W	9/24-10/29	6:30-7:15pm
#66760	M	11/3-12/8	11:00-11:45am
#66761	W	11/5-12/10	11:00-11:45am
#66762	W	11/5-12/10	6:30-7:15pm

**Instructor:** Vicki Gabrielle, AFAA certified

**Location:** Spartan Recreation Center, Dance Room

**Fee:** \$48; w/Resident Disc: \$42  
Drop in: \$8

## Piyo

Experience this new fitness class that is a perfect blend of Pilates movements and yoga stretches. Stay flexible and strengthen your core at the same time. We'll do standing poses, Pilates mat exercises and stretches to make you stronger and feel terrific. Bring a yoga mat.

#66776	Tu	9/23-10/28	12:00-12:45pm
#66777	Tu	11/4-12/9	12:00-12:45pm

**Instructor:** Vicki Gabrielle, AFAA certified

**Location:** Spartan Recreation Center, Dance Room

**Fee:** \$48; w/Resident Disc: \$42  
Drop in: \$8

## Insanity Workout Expanded Schedule!

Insanity is a revolutionary cardio-based total body conditioning program based on the principles of interval training. Insanity pushes the participant to new training heights, resulting in more calories burned, faster results and a more efficient metabolism. We will perform long bursts of maximum-intensity exercises with short periods of rest for fast results. Perfect for any fitness level as these easy to learn workouts will keep you constantly challenged between aerobic and anaerobic exercises. No class 11/22.

#66742	Sa	9/20-10/25	9:15-9:45am
#66739	M	9/22-10/27	6:00-6:30pm
#66755	W	9/24-10/29	6:45-7:15pm
#66743	Sa	11/1-12/13	9:15-9:45am
#66740	M	11/3-12/8	6:00-6:30pm
#66756	W	11/5-12/10	6:45-7:15pm

**Instructor:** Arnie Martinez

**Location:** Spartan Recreation Center, Gymnastics Room

**Fee:** \$48; w/Resident Disc: \$42  
Drop in: \$8

### Free Demo Classes:

Sa	9/13	10:15-11:00am
W	9/17	6:45-7:45pm

## W.O.W. - Women on Weights

This is a great total body workout for women of all ages. Push your muscles to the max while you strengthen, tone and tighten. Various weight training exercises are set to great music.

#66764	M	9/22-10/27	12:00-12:50pm
#66766	W	9/24-10/29	12:00-12:50pm
#66765	M	11/3-12/8	12:00-12:50pm
#66767	W	11/5-12/10	12:00-12:50pm

**Instructor:** Vicki Gabrielle, AFAA certified

**Location:** Spartan Recreation Center, Dance Room

**Fee:** \$48; w/Resident Disc: \$42  
Drop in: \$8

## Boot Camp

Join this popular fitness boot camp and get a complete workout that will get and keep you motivated. Kettle bells, free weights, ladder and bosu ball and more surprises will help you get a workout you might not be able to do on your own. We'll guide you through various workout stations at your level of fitness to a newer, stronger level each week. Instructor is a certified personal fitness trainer and running coach. No class 11/22.

#66737	Sa	9/20-10/25	8:15-9:00am
#66738	Sa	11/1-12/13	8:15-9:00am

**Instructor:** Arnie Martinez

**Location:** Spartan Recreation Center, Gymnastics Room

**Fee:** \$48; w/Resident Disc: \$42  
Drop in: \$8

### Free Demo Class:

Sa	9/13	10:15-11:00am
----	------	---------------

## Fit Boxing

Fit boxing is the newest and hippest no contact fitness class in the area. It is a mix of moves, circuit training, strength training and core work. This hottest new class is a great way to lose weight and improve muscle tone. Wear comfortable clothing. No previous experience necessary. Instructor holds a black belt in Tae Kwon Do, is a former junior Olympic National Champion.

#66745	Tu	9/23-10/28	6:30-7:30pm
#66747	Th	9/25-10/30	7:15-8:15pm
#66746	Tu	11/4-12/9	6:30-7:30pm
#66748	Th	11/6-12/18	7:15-8:15pm

**Instructor:** Glen Gonzalez

**Location:** Spartan Recreation Center, Gymnastics Room

**Fee:** \$60; w/Resident Disc: \$52  
Drop in: \$10



Zumba moves.

## Zumba Gold

Zumba Gold is a low-impact version of Zumba. Same great music and easy-to-follow choreography with modified pacing makes this the perfect class for those new to Zumba, those with physical limitations or older active adults. This is a great way to start your journey to a fit and healthy lifestyle. No experience necessary.

#66770	M	9/22-10/27	6:15-7:00pm
#66771	M	11/3-12/8	6:15-7:00pm

**Instructor:** Vicki Gabrielle

**Location:** Spartan Recreation Center, Dance Room

**Fee:** \$48; w/Resident Disc: \$42  
Drop in: \$8

## Zumba

This is a dynamic and high energy fitness class for all levels. It is one of the hottest and most rewarding fitness classes you'll ever experience! The routines feature aerobic interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is a mixture of body sculpting movements and easy to follow dance steps to high energy Latin and Salsa music. Wear comfortable clothing and fitness shoes.

#66768	W	9/24-10/29	5:30-6:15pm
#66769	W	11/5-12/10	5:30-6:15pm

**Instructor:** Vicki Gabrielle

**Location:** Spartan Recreation Center, Dance Room

**Fee:** \$48; w/Resident Disc: \$42  
Drop in: \$8

# Adults



## Intro to Purna Yoga Meditation

Learn effective and active meditation techniques to relieve stress and anxiety. You will learn to quiet your mind and be in the present moment. If you thought you could never meditate, come and discover how to use these techniques to enjoy life in a calm and peaceful way. Wear comfortable clothing.

#66883 Sa 10/25 10:30am-12:00pm  
#66882 Sa 12/6 10:30am-12:00pm

**Instructor:** Elisabetha Sekine

**Location:** Spartan Recreation Center,  
Olympic Room

**Fee:** \$28; w/Resident Disc: \$24

## Restorative Yoga Workshop

Restore your energy, calm your mind and renew your soul this busy holiday season. Learn breathing techniques and yoga poses designed to re-energize and rejuvenate. Bring a yoga mat.

#66860 M 12/15 6:00-8:00pm

**Instructor:** Elisabetha Sekine

**Location:** Spartan Recreation Center,  
Olympic Room

**Fee:** \$28; w/Resident Disc: \$24

## Intro to Yoga Workshop

This beginning yoga workshop is for those who want to gain a better understanding of what yoga is all about. Find relief in your feet, legs, back and upper body stiffness. Feel more centered and alive with easy-to-learn poses. No experience necessary. Bring a yoga mat.

#66867 Sa 10/11 10:30am-12:00pm  
#66901 Sa 11/15 10:30am-12:00pm

**Instructor:** Elisabetha Sekine

**Location:** Spartan Recreation Center,  
Olympic Room

**Fee:** \$28; w/Resident Disc: \$24

## Gentle Yoga

**Expanded  
Schedule!**

Focus on breathing, bending and blending mind and body through yoga. Modified poses will be shown for all levels of yoga, whether you are new to yoga or not. You will improve your balance, flexibility and strength in this great class that will help bring you to improved health and well-being. Bring a yoga mat.

#66749 Th 9/18-10/16 9:30-10:30am  
#66750 Th 10/23-11/20 9:30-10:30am

**Instructor:** Sissel Brunette

#66902 Th 9/18-10/16 12:00-1:00pm  
#66903 Th 10/23-11/20 12:00-1:00pm

**Instructor:** Alison Solam

**Location:** Spartan Recreation Center,  
Olympic Room

**Fee:** \$66; w/Resident Disc: \$55  
Drop in: \$14



## Yoga

Elisabetha has been practicing yoga for over twenty years and is certified in Purna Yoga at the 2000 hour level. She offers safe, alignment-based yoga that unfolds from the heart connection and brings a feeling of peace and joy to the whole being. Props are provided but please bring your own yoga mat and wear comfortable clothing.

### Beg./Cont. Students

#66861 M 9/15-10/20 5:30-6:55pm  
#66863 Tu 9/16-10/21 12:00-1:15pm  
**Fee:** \$79; w/Resident Disc: \$66

#66864 M 10/27-12/8 5:30-6:55pm  
#66866 Tu 10/28-12/9 12:00-1:15pm  
**Fee:** \$90; w/Resident Disc: \$77

**Instructor:** Elisabetha Sekine

### Continuing Students

#66862 M 9/15-10/20 7:00-8:30pm  
**Fee:** \$79; w/Resident Disc: \$66

#66865 M 10/27-12/8 7:00-8:30pm  
**Fee:** \$90; w/Resident Disc: \$77

**Location:** Spartan Recreation Center,  
Olympic Room  
Drop in: \$14



## Adult Sewing Lessons

Have you wanted to try sewing but didn't know where to start? Or take a class from a quilt shop but need to brush up on skills first? In this class, we will learn the basic sewing skills to get you started. Skills taught will include machine threading and bobbin winding, stitch functions, feet, following a pattern, button holes and zippers, rotary cutter rulers and cutting mat. Project may include a hot pad, an A-line skirt and/or a make up bag. Machines and notions provided. Supply list mailed, please call for list if registering online.

#66751 Th 9/25-10/16 6:30-8:30pm

**Instructor:** Beckie Stratton

**Location:** Spartan Recreation Center,  
Cascade Room

**Fee:** \$120; w/Resident Disc: \$100

## Glorious Greens



Discover some easy and delicious ways to select and prepare deep rich greens both raw and cooked and learn to incorporate these super foods in your every day meals. Also learn the star qualities of different greens and how they improve bone and eye health as well as reduce cancer, heart disease risk and lower blood pressure. You'll sample different preparations of organic, locally grown greens in dishes such as kale salad with pears, almonds and gouda; spinach basil pesto; Asian collard green wraps with peanut dipping sauce; chard gratin and Mediterranean pasta with Italian greens and sausage. \$5 supply fee payable to instructor. Recipes and samples provided.

#66906 Th 10/30 7:00-9:00pm

**Instructor:** Karen Lamphere

**Location:** Spartan Recreation Center,  
Cascade Room

**Fee:** \$30; w/Resident Disc: \$25

## Watercolor Painting

Explore the world of watercolor painting. Learn basic techniques of watercolor and gain confidence with your work as the class progresses. Open to beginning and continuing students. Supply list will be sent, call for one if registering online.

#66859 W 10/15-11/19 6:30-9:00pm

**Instructor:** Kimberly Caldwell

**Location:** Spartan Recreation Center,  
Cascade Room

**Fee:** \$105; w/Resident Disc: \$90

## Keep Safe

Join this non-physical self-defense class and learn assertiveness techniques to help you increase your sense of personal power and safety from sexual assault, harassment and bullying. We will address very serious issues in a playful, interactive workshop that profoundly increases personal safety. This workshop is designed for girls and women, ages 11+ and perfect for mothers and daughters to take together. Instructor is a licensed mental health counselor for over 25 years and former middle school counselor.

**Age:** 11 Years and up

#66724 Sa 10/18 10:00am-12:30pm

**Instructor:** Shelley White

**Location:** Spartan Recreation Center,  
Cascade Room

**Fee:** \$48; w/Resident Disc: \$40



## Dog Obedience



**Note: Handlers must be 14 years of age or older.**

Join our new Dog Obedience classes taught by staff of Joyce's Dogs. Joyce's motto is: We teach the human end of the leash at least as much as the dog end! All puppies and dogs must be current on vaccinations recommended for his/her age. Contact Joyce with questions; [joycesdogs@gmail.com](mailto:joycesdogs@gmail.com).

### Manners and Skills for all Dogs

This is a beginning level class for **any age dog**. This class will teach you how to develop your dog's attention to you and skills such as walking on leash, sit, down, and come when called. No dogs first class.

**Age:** 14 Years and up

#66857 Th 9/25-10/30 7:00-8:00pm

### Leash Walking and Recall Skills Focus

This class is for owners who have taken the basic manners class and want to learn how to improve their dog's leash walking skills as well as emergency recall. We will explore a variety of techniques and work individually with each dog and handler team. The first class will include dogs.

**Age:** 14 Years and up

#66858 Th 10/2-11/6 8:00-9:00pm

**Instructor:** Joyce's Dogs Staff

**Location:** Richmond Highlands Recreation  
Center, Gymnasium

**Fee:** \$114; w/Resident Disc: \$95

## Jewelry Making - Working with Wire

Take your jewelry making up a notch with basic wirework including wire-wrapped loops, linking and bead wrapping. Learn core techniques to create secure, professional-looking pieces and follow your imagination to new heights. \$10 supply fee, all tools provided for use. Familiarity with pliers and flush cutters recommended. For more inspiration: [www.shishidesign.com](http://www.shishidesign.com).

#66904 Sa 10/11 10:00am-1:00pm

**Instructor:** Sella Rush, owner of Shi-Shi Design

**Location:** Spartan Recreation Center,  
Cascade Room

**Fee:** \$30; w/Resident Disc: \$25

## Stamp Designs in Metal

Learn a great technique for adding an extra personal touch to your jewelry or craft project. We'll cover some unique design options and extra finishing techniques like texturing, polishing and patinas. In-class projects include turning pre-cut copper or brass blanks into simple cuff or a collection of charms using decorative and letter stamps. All tools provided and no previous experience needed. \$10 supply fee payable to instructor. For more inspiration: [www.shishidesign.com](http://www.shishidesign.com).

#66905 Sa 11/1 10:00am-1:00pm

**Instructor:** Sella Rush, owner of Shi-Shi Design

**Location:** Spartan Recreation Center,  
Cascade Room

**Fee:** \$30; w/Resident Disc: \$25

## Shoreline Off-Leash Dog Areas

### Eastside Off-Leash Dog Area

1902 NE 150th St., Open daily dawn to dusk  
Vehicle Access: Enter east of Public Health Lab at 20th Ave NE. It is located on the Fircrest Campus.

### Shoreview Off-Leash Dog Area

320 NW Innis Arden Way

#### Open Daily:

Mon-Fri: 12:00pm to dusk

Sat-Sun: 9:00am to dusk

Vehicle Access: Through Shoreline Community College west campus entrance.

### Richmond Beach Saltwater Park Off-Leash Dog Area

2021 NW 190th

#### Seasonal Access

Closed for the Spring/Summer, open 11/1-3/15.

## Vashon Wine and Island Tour ♥

Vashon is known for its farms, artists and unique island charm. Spend the day touring spots across the island including Point Robinson Lighthouse, the downtown area and local wineries. Bring money for lunch and tasting fees. Transportation and trip leader included.

#66910 Sa 10/18 9:15am-5:30pm

**Instructor:** Janet Sigler

**Location:** Spartan Recreation Center

**Fee:** \$45; w/Resident Disc: \$40

## Leavenworth Oktoberfest & Fall Leaves Tour ♥

Live music, German food and lots of beer! Oktoberfest in Leavenworth is an experience like no other. We'll start the trip with tour of some amazing fall foliage and work our way to the fun Bavarian village in the mountains. Transportation, trip leader and admission fee is included in price. Bring money for food, beer tasting and shopping. Last day to register is 10/1.

#66913 Sa 10/4 8:00am-8:00pm

**Instructor:** Summer Dahozy

**Location:** Spartan Recreation Center

**Fee:** \$59; w/Resident Disc: \$52



## Orcas Island Tour ♥

Orcas Island, known as the "Emerald Isle" of the San Juan's, is rich in beauty, art and history. We'll take a drive to the top of Mount Constitution where you'll have a view across Puget Sound, then visit some special sites including the historical village of Eastsound, known for its shops, galleries, cafés and bustling farmer's market. Bring money for food and shopping. Transportation and trip leader included.

#66912 Sa 9/13 8:00am-8:00pm

**Instructor:** Summer Dahozy

**Location:** Spartan Recreation Center

**Fee:** \$62; w/Resident Disc: \$55

## Iron Goat Trail \*Accessible\* Hike ♥

Walk along the pathway of the old Great Northern Railway through tall forests dotted with relics of the past. The Iron Goat Trail is a beautiful site full of history and scenic beauty. This hike is in partnership with our specialized recreation program and is 1-2 miles with minimal elevation gain making it fully accessible for wheelchairs. Bring a bag lunch or money for food. We'll stop for ice cream on the way home. Trip leader, transportation and ice cream included. Download Trip Preparation Handout at [www.shorelinewa.gov/adults](http://www.shorelinewa.gov/adults)

#66912 Sa 9/27 11:00am-4:00pm

**Instructor:** Trina Horn

**Location:** Spartan Recreation Center

**Fee:** \$17; w/Resident Disc: \$15



### Which Trip/Hike is Right For Me?

#### RATING SCALE

♥ **Easy** – Flat trail, suitable for most. Accessible for wheelchairs.

♥♥ **Moderately Easy** – Some uneven ground with small elevation gains and hills.

♥♥♥ **Moderate** – Some hills, more rugged terrain with elevation gains up to 1000 ft. Must be steady on feet and have decent level of fitness.

♥♥♥♥ **Difficult** – Steeper hills, higher elevation gains with some switchbacks and more rugged terrain. Very aerobic.

## Warm Beach Holiday Lights ♥♥

The holiday light show at Warm Beach Campground in Stanwood is spread across 15 acres and includes over 1 million lights! We'll take a stroll through the grounds enjoying the entertainment and displays of this annual festival of lights. Transportation and trip leader included. Bring cash for admission \$15/adult, \$12/senior 60+. Dress warm and wear comfortable shoes, we'll be walking outdoors.

#66909 Sa 12/6 4:30-8:30pm

**Instructor:** Janet Sigler

**Location:** Spartan Recreation Center

**Fee:** \$19; w/Resident Disc: \$17





# Kruckeberg Botanic Garden

20312 15th Ave NW Shoreline WA 98177  
[www.kruckeberg.org](http://www.kruckeberg.org)



## OCTOBER

October 2 & 4 - Botanical Watercolor Workshop, \$60  
October 5 - Botanical / Herbal Lotions Workshop, \$35  
October 10-12 & 17-19 - Fall Tree and Shrub Sale

Fridays: Free Seminar

Saturdays: Family Workshops, \$10/child

Sundays: Free Introductory Tour

October 24 & 25 - Haunted Forest

## NOVEMBER

November 1 - Fungus Frolic Plant Geek Class, \$10

November 8 - Fern Propagation Workshop, \$50

November 16 - Rake & Bake Volunteer Work Party

November 30 - Wreath Workshop, \$30

## DECEMBER

December 6 - Make a Luminary Family Workshop, \$10

December 19-21 - Solstice Stroll

Visit our website for details and to register.  
Members receive discounts on programs.  
Contact us about school field trips, private  
tours, and volunteering.

**Come Visit Us!**  
[www.kruckeberg.org](http://www.kruckeberg.org)

**Open Friday, Saturday, Sunday**  
**March - October 10am - 5pm**  
**November - February 10am - 3pm**

# Every Saturday until October 4



Shoreline City Hall  
17500 Midvale Ave N.  
10:00 AM-3:00 PM



# Specialized Recreation

## Recreation is for Everyone

If you are interested in any class but hesitate to register because of a developmental or physical limitation, please call the Spartan Recreation Center at (206) 801-2600 for help in getting started. Reasonable accommodations will need a minimum of three weeks notice in advance of the program start date. **Participants needing individual assistance to participate in programs, including toileting, transferring, eating, dressing or behavior intervention, must bring an attendant/companion to programs.**

## Scholarships Available

**Call (206) 801-2600 for information!**

### Adult Community Choices

Adult Community Choices is a great opportunity to express yourself through cooking, therapeutic recreation, music and art. The daily schedule will also include field trips to exciting places. This program emphasizes community exploration and building relationships. The staff will make everyone feel welcome. Please call (206) 801-2600 for more information. Sign-up for all 4 days and save big. Please bring a sack lunch. Transportation information: Access drop-off 10:00 a.m. Access pick-up from 1:30-2:00pm. No program on 11/11 and 11/27.

**Age:** 18 Years and up

#### Session 1

**#66686** M-Th 9/8-10/23  
**Fee:** \$280; w/Resident Disc: \$250  
**#66682** M 9/8-10/20  
**#66683** Tu 9/9-10/21  
**#66684** W 9/10-10/22  
**#66685** Th 9/11-10/23  
**Fee:** \$80; w/Resident Disc: \$70

#### Session 2

**#66691** M-Th 11/3-12/18  
**Fee:** \$270; w/Resident Disc: \$240  
**#66687** M 11/3-12/15  
**Fee:** \$80; w/Resident Disc: \$70  
**#66688** Tu 11/4-12/16  
**Fee:** \$70; w/Resident Disc: \$60  
**#66689** W 11/5-12/17  
**Fee:** \$80; w/Resident Disc: \$70  
**#66690** Th 11/6-12/18  
**Fee:** \$70; w/Resident Disc: \$60  
**Time:** 10:00am-2:00pm  
**Instructor:** Carmen Murrell  
**Location:** Richmond Highlands Recreation Center

### Volunteers Wanted

Please contact the Spartan Recreation Center if you are interested/available to assist with our programs. As a volunteer, you will have the opportunity to share your compassion for other people while receiving a great deal of friendship in return.

*Give it a try!*

**Call (206) 801-2600 for details!**

### Creative Arts for Life Drama

Join instructor Elena Haas in this program that explores the world of theatrical drama. This class will encourage growth through listening, expression and activities.

Let's get to know one another through the creative world of drama! Using the world around us; our experiences and interests, we will work through dramatic exercises and skills in a community that is uniquely our own. Through what each person brings, we will shape and grow what is to come. You are invited to come and explore as we get to know each other in a creative, supportive and fun way.

**Age:** 18 Years and up

**#66666** W 9/10-11/19 6:30-8:00pm

**Instructor:** Elena Haas

**Location:** Spartan Recreation Center, Olympic Room

**Fee:** \$120; w/Resident Disc: \$105

### Special Olympics Basketball

Join us for a fun season of basketball! Current Special Olympics Participation Application form required in order to participate. Athletes need to be able to follow directions.

**Age:** 13 Years and up

**#66876** Su 12/14-3/8 3:00-5:00pm

**Instructor:** Christy Wicklander

**Location:** Spartan Recreation Center, Entire Gymnasium

**Fee:** \$90; w/Resident Disc: \$80

### Battle of Seattle Soccer!

Join us as we cheer on the UW Husky Women's Soccer team as they take on their rivals, the Seattle University Red Hawks. These two teams will be continuing their battle of proving which Seattle college has the best women's soccer team! We will have dinner at Spartan Recreation Center before heading to the game. Please dress for the weather. Drop-off and pick-up at the Spartan Recreation Center.

**Age:** 18 Years and up

**#66692** F 9/19 5:00-9:30pm

**Instructor:** Carmen Murrell

**Location:** Spartan Recreation Center, Parking Lot

**Fee:** \$37; w/Resident Disc: \$32



# Specialized Recreation

## Dinner and a Movie

Enjoy a fun evening as we cook a healthy meal together and watch a latest movie release. Drop-off and pick-up at the Spartan Recreation Center.

**Age:** 14 Years and up

### Italian Night

#66693 F 9/12 5:00-9:00pm

### Breakfast

#66694 F 11/21 5:00-9:00pm

**Instructor:** Carmen Murrell

**Location:** Spartan Recreation Center,  
Cascade Room-w/Kitchen

**Fee:** \$27; w/Resident Disc: \$22

## Happy Trails Adventure!

**NEW**

Come join us as we partner with our Adult Hiking group on a beautiful walk along the Great Northern Railway. This hike is around 1-2 miles with very minimal elevation gain making this trip fully accessible for wheelchairs! Please bring a sack lunch. We will be stopping for ice cream on the way home, which is included in the trip price. Drop-off and pick-up at the Spartan Recreation Center.

**Age:** 16 Years and up

#67186 Sa 9/27 11:00am-4:00pm

**Instructor:** Carmen Murrell

**Location:** Spartan Recreation Center, Parking Lot

**Fee:** \$17; w/Resident Disc: \$15

## B-I-N-G-O Night!!

Get ready, it is time for BINGO!! Come on down to the Spartan Recreation Center and join us for a fun filled night of Bingo. We will have some great prizes, so dust off your Bingo skills and hope tonight is your lucky night! Light refreshments will be provided, but please do eat dinner before you come. Drop-off and pick-up at the Spartan Recreation Center.

**Age:** 16 Years and up

#66697 F 10/10 6:00-8:00pm

**Instructor:** Carmen Murrell

**Location:** Spartan Recreation Center,  
Olympic Room

**Fee:** \$13; w/Resident Disc: \$10

## Bowling & Dinner

We will meet at Spin Alley for a fun session of bowling. After that we will head next door for a feast. Pick up and drop off at Spin Alley. All fees are included in the registration price.

**Age:** 13 Years and up

#66695 Sa 11/15 2:00-6:00pm

**Instructor:** Carmen Murrell

**Location:** Spin Alley Family Bowling Center,  
Bowling Center

**Fee:** \$46; w/Resident Disc: \$39

## Holiday Party

Celebrate the holidays with your friends. We will make cards and a special gift for a loved one. We will have a nice dinner together and watch a few holiday classic movies. Supplies and dinner covered in fee.

**Age:** 15 Years and up

#66698 F 12/5 5:00-9:00pm

**Instructor:** Carmen Murrell

**Location:** Spartan Recreation Center,  
Cascade Room

**Fee:** \$30; w/Resident Disc: \$25

## Lights, Camera, Action!

'Tis the Season! Come join us as we support local artists by going to see a play. We will not be providing food for this event, so please eat before you come. Drop-off and pick-up will be at the Spartan Recreation Center.

**Age:** 18 Years and up

#66763 W 12/12 6:00-9:30pm

**Instructor:** Carmen Murrell

**Location:** Spartan Recreation Center,  
Olympic Room

**Fee:** \$48; w/Resident Disc: \$43

## Monster Mash Dance

Dress up if you dare, you could win a prize. Dance the night away to Captain Jack and the Pirates! Fun games, dance contests and light snacks will be provided.

**Age:** 13 Years and up

#66696 F 10/24 6:00-8:00pm

**Instructor:** Carmen Murrell

**Location:** Spartan Recreation Center,  
Entire Gymnasium

**Fee:** \$6



# Shoreline Pool

## Shoreline Pool

19030 1<sup>st</sup> Avenue NE  
Shoreline, WA 98155  
Phone: (206) 801-2650

[www.shorelinewa.gov/parks](http://www.shorelinewa.gov/parks)

## Regular Hours:

**Monday - Friday** 5:30am - 8:45pm  
**Saturday** 8:45am - 3:00pm  
**Sunday** 11:30am - 3:00pm

## Pool Closures:

**September 1** Labor Day  
**October 31** (Early evening closure)  
**November 11** Veteran's Day  
**November 26** (Early evening closure)  
**November 27 & 28** Thanksgiving Holiday  
**December 24 & 25** Christmas Holiday  
**December 31** New Year's Eve  
**January 1** New Year's Day

## School's Out Recreation Swims

**Time: 1:15-2:45pm**

**December 22-23; 26, 29-30**

**January 2**

## Pool Party Rentals

Our party days are Saturday & Sunday 3:00-7:00 p.m.  
Use of all the pool's "fun stuff" and lifeguards are included in rental cost. Upstairs balcony area is also available during your rental time.

1 to 60 people: ..... \$142.35\* hour

w/Resident Disc: ..... \$125.93\* hour

61 to 150 people: ..... \$191.63\* hour

w/Resident Disc: ..... \$164.25\* hour

(\*State sales tax included)



Drop-in Program Fees	Resident	Non-Resident
<b>Adult</b>		
Drop in	\$3.50	\$4.50
Real deal (Friday 7:45 - 8:45pm)	\$1.50	\$2.50
10 punch Discount pass	\$29.00	\$36.00
1 month Discount pass	\$47.50	\$61.50
3 month Discount pass	\$134.00	\$165.00
6 month Discount pass	\$216.00	\$265.00
Annual Discount pass	\$377.00	\$477.00
<b>Youth (5 - 17 years old)</b>		
<b>Senior (over 60 years old)</b>		
<b>Disabled</b>		
Drop in	\$2.50	\$3.00
Real deal (Friday 7:45 - 8:45pm)	\$1.00	\$1.50
10 punch Discount pass	\$20.00	\$24.00
1 month Discount pass	\$30.00	\$36.00
3 month Discount pass	\$89.00	\$113.00
6 month Discount pass	\$154.00	\$184.00
Annual Discount pass	\$269.00	\$322.00
<b>Family (parents and their children)</b>		
Drop in	\$8.75	\$11.50
10 punch Discount pass	\$71.00	\$100.00
1 month Discount pass	\$117.00	\$140.00
3 month Discount pass	\$267.00	\$320.00
6 month Discount pass	\$431.00	\$517.00
Annual Discount pass	\$754.00	\$904.00
<b>Toddlers (under 4 years old)</b>	Free	Free
<b>Shower only</b>	\$1.00	\$1.00
<b>Aerobics Classes</b>		
Adult drop in	\$4.50	\$5.50
Adult 10 punch Discount pass	\$37.00	\$45.00
Senior drop in	\$3.25	\$4.00
Senior 10 Discount punch	\$32.00	\$32.00
Arthritis drop in	\$3.50	\$4.00
Arthritis 10 Discount punch	\$35.00	\$40.00
Swim Lessons (per 1/2 hour lesson)	\$5.50	\$6.50



# Shoreline Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 - 6:30 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
5:30 - 6:30 am	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim		
7:00 - 8:00 am	Master Swim Team	Master Swim Team	Master Swim Team	Master Swim Team	Master Swim Team		
6:30 - 7:30 am	Shallow End Aerobics		Shallow End Aerobics		Shallow End Aerobics		
7:30 - 10:00 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
7:45 - 8:45 am	Shallow End Aerobics	Shallow End Aerobics	Shallow End Aerobics	Shallow End Aerobics	Shallow End Aerobics		
9:00 - 10:00 am	Arthritis Therapy	Gentle Aerobics	Arthritis Therapy	Gentle Aerobics	Arthritis Therapy	(8:45 - 9:45) Shallow End Aerobics	
10:00 - 11:00 am	Lap Swim (3 lanes) & Deep Water Aerobics	Lap Swim (3 lanes) & Deep Water Aerobics	Lap Swim (3 lanes) & Deep Water Aerobics	Lap Swim (3 lanes) & Deep Water Aerobics	Lap Swim (3 lanes) & Deep Water Aerobics	Deep Water Aerobics	
10:00 am - 1:00 pm	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	Swim Lessons	
11:30 am - 1:00 pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
1:00 - 3:00 pm	Scheduled Programs	Swim Lessons	Scheduled Programs	Swim Lessons	Scheduled Programs	(1:15 - 3:00) Public Rec Swim	
3:00 - 6:00 pm	High School Swim Team	High School Swim Team	High School Swim Team	High School Swim Team	High School Swim Team	(3:00 - 7:00) Rentals Available	
6:00 - 7:45 pm	Cascade ST	Cascade ST	Cascade ST	Cascade ST	Cascade ST		
6:00 - 7:45 pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		
7:35 - 8:35 pm		Deep Water Aerobics		Deep Water Aerobics			
7:45 - 8:45 pm	Public Rec Swim & Lap Swim (2 lanes)	Shallow End Aerobics & Lap Swim (3 lanes)	Public Rec Swim & Lap Swim (2 lanes)	Shallow End Aerobics & Lap Swim (3 lanes)	Real Deal Public Rec Swim		

\* Family Swims are an adult/child program, an adult must be in the water with a maximum of three children per adult.

Family Swim is in the shallow end only.

Children under 7 years of age must be accompanied by an adult in the water at all times.

## Sensational Water Aerobics!

Shallow water aerobics and deep water exercise are low to no impact. Great for the joints. Absolutely no swimming skills required, but comfort in the water is recommended. The water environment works your cardiovascular system as hard as other high impact classes.

## Public Swim

Enjoy the pool, the diving board, mats, noodles, inner tubes and the slide with friends and family. Open to all ages.

## Lap Swim

Everyone needs a good cardiovascular workout whether it's fast, medium or slow. Swim for fun, swim for health. Get every muscle moving.

## Gentle Water Exercise

This program is to help those who need to slowly get back into exercise due to illness, surgery or medical treatment. This exercise is in the shallow end of the pool and no swimming ability is needed.

## REAL DEAL Swim

Same fun as a Public Swim at a fraction of the cost! Our way of saying "Thank you" for swimming at the Shoreline Pool every Friday night.

## Gentle Lap Swim

If you want to swim but don't need to win the race or "churn" the water, this is the best relaxing lap swim for you. Recommended for seniors, but open to all adult lap swimmers.

## Arthritis Foundation Aquatics Program

Our popular program is designed for people who are limited by impaired joint motion and/or strength. Program goals include improving or maintaining joint flexibility, maintaining muscle strength or reducing muscle weakness, improving balance and coordination.

## \*Family Swims

A great way to spend quality time with your family. Especially fun for families with little ones who are sure to sleep after active play in the water! Fun in the water promotes confidence to swim. Adult must be present in water with children at all times.

# Shoreline Pool

## SWIMMING LESSONS

Morning, evening and Saturday, Shoreline swim lessons are offered year round for all ages from infants to adults. Small class sizes provide more personalized, high quality instruction. Swim lessons are grouped by age and ability within each age group.

### How to Register:

Complete a free "pre-lesson" placement test to determine class level if you have not been enrolled in a program for the last six months. Tests are done during FAMILY OR PUBLIC SWIMS.

- Determine class days and desired time
- Register on scheduled registration dates (listed below)
- Payment must be made at time of registration
- Classes not sufficiently filled may be combined, moved or canceled.
- Not all classes are available at all times.

### Practice Card

Only at the Shoreline Pool do your children get 6 free swims during the swim session. The more practice each participant gets, the more they become comfortable and confident with the skills required for their level. To receive or to reload your practice pass, just ask when you register for swim lessons.

More information on swimming lessons levels and times, is available at the pool or online at: [www.shorelinewa.gov/pool](http://www.shorelinewa.gov/pool).

## Lifeguard Training Classes

Learn to respond to water emergencies and perform lifesaving CPR and First Aid. Must be 15 years old by the end of course date. Graduates receive American Red Cross certification in Lifesaving, CPR/FPR and First Aid. Candidates must pass all elements of the course to pass. Course material can be purchased after the Water pre-test at the pool for \$40.00.

**Age:** 15 years and up  
**#66893** Su-Tu 12/21-12/30 8:30am-4:30pm  
**Fee:** \$180; w/Resident Disc: \$150



## Preschool/ Youth Classes

All swim lessons area ½ hour long

### Fall

Tues & Thur 10:00 - 11:30am  
 1:15 - 2:45pm

### Fall

Mon & Wed 6:00 - 7:30pm  
 Tues & Thur 6:00 - 7:30pm  
 Saturday 10:00am - 12:35pm

## Adult Classes

### Intro/Beginner

Mon & Wed 8:45 - 9:15pm  
 Tues & Thur 11:00 - 11:30am

### Intermediate & Advanced

Mon & Wed 7:45 - 8:15pm



### Session 1: All registration begins Monday August 25

#### Monday/Wednesday

**September 8 - October 8**  
 (10 lessons lasting 5 weeks)  
 w/Resident Disc: \$55  
 Non-Resident: \$65

#### Tuesday/Thursday

**September 9 - October 9**  
 (10 lessons lasting 5 weeks)  
 w/Resident Disc: \$55  
 Non-Resident: \$65

#### Saturday

**September 13 - October 11**  
 (5 lessons lasting 5 weeks)  
 w/Resident Disc: \$27.50  
 Non-Resident: \$32.50

### Session 2: All registration begins Monday October 6

#### Monday/Wednesday

**October 13 - November 12**  
 (8 lessons lasting 5 weeks)  
 (No lesson Nov. 11)  
 w/Resident Disc: \$55  
 Non-Resident: \$65

#### Tuesday/Thursday

**October 14 - November 13**  
 (9 lessons lasting 5 weeks)  
 w/Resident Disc: \$49.50  
 Non-Resident: \$58.50

#### Saturday

**October 18 - December 13**  
 (8 lessons lasting 9 weeks)  
 (No lesson Nov. 29)  
 w/Resident Disc: \$44  
 Non-Resident: \$52

### Session 3: All registration begins Monday November 10

#### Monday/Wednesday

**November 17 - December 17**  
 (9 lessons lasting 5 weeks)  
 (No lesson Wed Nov. 26)  
 w/Resident Disc: \$49.50  
 Non-Resident: \$58.50

#### Tuesday/Thursday

**November 18 - December 18**  
 (9 lessons lasting 5 weeks)  
 (No lesson Thursday Nov. 27)  
 w/Resident Disc: \$49.50  
 Non-Resident: \$58.50

**To register call the pool at (206) 801-2650 #4**  
[www.shorelinewa.gov/pool](http://www.shorelinewa.gov/pool)





# Park Amenities

## Please note the following:

- Park hours are dawn until dusk.
- Opening and/or consumption of alcoholic beverages in Shoreline parks is prohibited.
- Pets must be on leashes in all Shoreline parks except where posted. Pets are not permitted on turf fields, tennis courts, playgrounds or in any building unless specifically permitted by posting.
- Trails are open to all non-motorized users with the exception of motorized wheelchairs, unless otherwise designated and posted.

Parks and recreation facilities are available for use by the public whenever possible. Special use permits or scheduling the use of facilities is required for any community, special or private event involving more than routine use of a park or facility.

Facilities can be reserved by calling (206) 801-2600

	BASEBALL/SOFTBALL	BASKETBALL	(X) FORMAL (✓) COMMUNITY GARDEN	HANDBALL	HORSEHOE PIT	OPEN SPACE/NATURAL AREA	PICNIC WATER ACCESS	PLAYGROUND	PUBLIC ART	(X) RESTROOM (✓) SANI-CAN	SKATE PARK	SOCCER	TENNIS	TRAILS
1 Boeing Creek Open Space - 601 NW 175th St					X									X
2 Boeing Creek Park - 17229 3rd Ave NW					X	X								X
3 Brugger's Bog Park - 19533 25th Ave NE						X	X							X
4 Cromwell Park - 18030 Meridian Ave N.	X	X			X	X	X	X	X		X			X
5 Darnell Park - 1125 N 165th St					X									X
6 Eastside Off-Leash Dog Area - 1902 NE 150th St.									✓					
7 Echo Lake Park - 1521 N. 200th St						X	X		X	X				X
8 Hamlin Park - 16006 15th Ave NE	X			X	X	X	X	X	X					X
9 Hillwood Park - 19001 3rd Ave NW	X			X		X	X		X		X	X		
10 Innis Arden Reserve Open Space - 17701 15th Ave. NW					X									X
11 Interurban Trail - Adjacent to Aurora Ave between N. 145th & 205th St								X						X
12 James Keough Park - 2350 N 167th St		X					X				X			
13 Kayu Kayu Ac Park - 19911 Richmond Beach Drive NW						X	X	X	X					X
14 Kruckeberg Botanic Garden - 20312 15th Ave NW			X			X		X	X					X
15 Meridian Park Open Space - 16765 Wallingford Ave N					X	X								X
16 North City Park - 19201 10th Ave NE					X									X
17 Northcrest Park - 827 NE 170th St					X		X							X
18 Paramount Open Space - 946 NE 147th St					X									X
19 Paramount School Park - 15300 8th Ave NE	X					X	X		X	X	X			X
20 Richmond Beach Community Park - 2201 NW 197th St						X	X		✓		X	X		X
21 Richmond Beach Saltwater Park - 2021 NW 190th St					X	X	X	X	X					X
22 RBSP Seasonal Off-Leash Dog Area - 2021 NW 190th St (Open 11/1-3/15)						X			X					
23 Richmond Highlands Park - 16554 Fremont Ave N	X					X	X		X		X			
24 Ridgecrest Park - 108 NE 161st St	X		X						✓					
25 Ronald Bog Park - 2301 N 175th St			X		X	X		X						X
26 Shoreline Park - 19030 1st Ave NE						X	X	X	X		X	X		X
27 Shoreview Park - 700 NW Innis Arden Way	X				X	X	X		X		X	X		X
28 Shoreview Off-Leash Dog Area - 320 NW Innis Arden Way									✓					
29 South Woods - 2210 NE 150th St					X									X
30 Strandberg Preserve Open Space - 19101 17th Ave NW					X									X
31 Sunset School Park - 17800 10th Ave NW	X	X	✓			X	X		✓		X			X
32 Twin Ponds Park - 15401 1st Ave NE			✓		X	X	X		X		X	X		X

# Facility Rentals

## Richmond Highlands Recreation Center Rentals

16554 Fremont Avenue N.  
(206) 801-2600

### Special Features:

Available Saturdays from 8am-6pm  
and Sundays 8am-10pm

- Small gym with a stage
- Game room with billiard tables
- Meeting/Café room with a kitchen
- Adjacent ball field may be available for an additional fee
- Outdoor play equipment for children
- Great for parties, reunions, receptions, etc.

### Hourly Fees (two-hour minimum):

#### Entire Facility:

\$70/hr; w/Resident Disc: \$58/hr

#### Damage Deposit required(refundable):

**Supervision fee:** Additional Supervision Fee may be required.

5 round tables and 54 chairs available for seating.

## Alcohol Service Rental Policy

**Indoor Facilities** – The serving or consumption of alcohol may be approved during rental hours at the Richmond Highlands Center and City of Shoreline City Hall if all the following permits and certificates are received at least two (2) weeks prior to your rental date:

- Payment of all regular facility rental fees.
- Damage deposit required.
- \*\*See additional list below

**Outdoor Facilities** – The serving or consumption of alcohol may be approved during rental hours at the Richmond Beach Terrace and the Cromwell Amphitheater if the following permits, certificates and fees are received at least two (2) weeks prior to your rental date:

- Payment of the Outdoor Rental w/Alcohol Fee: \$95/hr; w/Res Disc: \$85/hr (incl. shelter rental, staffing & alcohol fee) 4 hour minimum
- \*\*See additional list below

### \*\* In addition you need for either rental:

- Special Alcohol Permit (no fee)
- Facility Rental Contract (no fee)
- Certificate of Insurance naming the "City of Shoreline" as the Certificate Holder
- Washington State Liquor Control Board (WSLCB) Banquet Permit
- Additional Supervision Fee may be required.

More information and all permits/forms can be found at [shorelinewa.gov/rentals](http://shorelinewa.gov/rentals) or call (206) 801-2600.



*Cromwell Park Amphitheater*

## Athletic Field Scheduling

Call the Spartan Recreation Center at  
(206) 801-2636

### Hourly Field Use Fees:

Field Lights: \$17 per hour  
(determined by dusk schedule)

#### Grass/All-Weather Fields:

Non-Profit Youth Organizations

*League/Practice:*

\$7/hr; w/Resident Disc: \$4.50/hr

*Tournament:*

\$12/hr; w/Resident Disc: \$9/hr

#### **All Other Organizations and Private Groups Practice:**

\$20/hr; w/Resident Disc: \$16/hr

*League:*

\$36/hr; w/Resident Disc: \$30/hr

*Tournament:*

\$43/hr; w/Resident Disc: \$36/hr

#### Synthetic Field Turf Fields:

Non-Profit Youth Organizations

**League/Practice/Tournament:**

\$26/hr; w/Resident Disc: \$18/hr

#### **All Other Organizations and Private Groups**

**League/Practice/Tournament:**

\$76/hr; w/Resident Disc: \$62/hr

## Spartan Recreation Center Rentals

202 NE 185 St. (206) 801-2600  
(South end of Shoreline Center Complex)

### Special Features:

- Competition size gym with two courts for volleyball or basketball contests (w/divider curtain)
- 2 multi-purpose rooms with vinyl floors, tables and chairs (ideal for parties)
- Dance room with finished wood floors, mirrored wall and natural lighting
- Swimming pool within walking distance
- Locker rooms and shower facilities
- Great for families, social gatherings, youth group activities and athletic events

**Please call for Fees.**

## Picnic Shelter & Amphitheater Rentals

Picnic shelter & amphitheater reservations are available year round and may be made up to six months in advance.

### Fees:

Full day: \$90; w/Resident Disc: \$75

Half-day: \$60; w/Resident Disc: \$50

- Rental with Alcohol Service: \$95/hr; w/Resident Disc: \$85/hr (4-hour minimum)

- Amphitheater Amplification Fee: Rentals with amplification require a 4-hour minimum reservation and an additional \$18.50 per hour supervision fee.

To reserve a shelter, call (206) 801-2600.

## Cromwell Park Amphitheater

18030 Meridian Avenue N.

This newly renovated park has an amphitheater which is a wonderful spot for performances, weddings and gatherings! The stage structure is 550 square feet with power for sound. A sloped grass lawn area has views to the concrete stage.

## Shoreline Pool

19030 1st Ave. NE  
(206) 801-2650

To book a fun filled pool party on the weekend contact the Pool staff at (206) 801-2650 #4. See page 24 for pricing.







# Community Programs

## Shoreline Historical Museum

18501 Linden Ave. North • (206) 542-7111

[shorelinehistoricalmuseum.org](http://shorelinehistoricalmuseum.org)

[shm@shorelinehistoricalmuseum.org](mailto:shm@shorelinehistoricalmuseum.org) - email

Tue-Sat: 10am-4pm, Archives open Wed 10am-1pm or by appt. & wheelchair accessible.

### Visit the Shoreline Historical Museum exhibits:

"Linking the Community Through Time, Transportation and Culture" and "Once Upon a Time in Playland". Temporary exhibit thru January 2015: "A College for the Community: Shoreline Community College 50th Anniversary".

**9/6 - Special one day exhibit at Summerset Arts Festival at Ronald Bog** - "Duwamish Culture & the Place Where Cranberries Grow".

**9/13 - Ground-breaking for Museum Archives & Collections Center** at the Museum.

### Join us for Hands-On Days!

Fourth Saturday of each month. Free hands-on activities, drop in 11am-3pm.

**8/23** - Harvest Hat Fun

**9/27** - Back to School Book Straps

**10/25** - Halloween Masks

**11/22** - Geodesic Ornaments

**12/13** - Traditional Folded Boxes

## Shoreline-Lake Forest Park Arts Council

Community Wing of Shoreline Center

18560 1st Ave NE, Shoreline WA 98155

(206) 417-4645 - [shorelinearts.net](http://shorelinearts.net)

Hours: Tue-Thu 12-5pm

### CREATE & MAKE! WORKSHOPS

6:30pm, \$35, Contact us for locations & info

**9/9 & 9/10** - Drawing in Silverpoint

**9/16** - Chemical Hazards in the Arts

**9/23 & 9/24** - Sumi Painting

**9/30** - Shoreline Center (at Business Workshop)

**10/7 & 10/8** - Relief Block Printing

**10/14** - Shoreline Center (at Business Workshop)

**10/21 & 10/22** - Needle Felting

**10/28** - Shoreline Center (at Business Workshop)

**11/4 & 11/5** - Acrylic Painting

### Gallery at Town Center - Free

Art exhibits, jewelry, glass, ceramics from 70+

local artists. Lake Forest Park Town Center,

17171 Bothell Way NE. Hours: 12-5pm,

Tues-Sat, (206) 588-8332

**8/21/13-10/6/13:** Charlene Freeman -

Watercolor; Marsha Lippert - Pastel

**10/7/13-11/16/13:** Liz Copeland - Mixed

Media Collage; Constance Perenyi - Paper Collage

**11/19/13-1/4/14:** Home for the Holidays!

"Stocking Stuffer Show", Small, original artwork 12"x12" or under.

### Shoreline City Hall Gallery - Free

Rotating art exhibits featuring regional artists.

2nd & 3rd floors of City Hall, 17500 Midvale

Ave N. Hours: 9am-5pm, M-F.

## Shoreline Library

345 NE 175th Street • (206) 362-7550

[kcls.org/shoreline](http://kcls.org/shoreline)

Hours: Mon-Thu 10am-9pm,

Fri 10am-6pm, Sat 10am-5pm, Sun 12-8pm

KCLS Library programs are always FREE!

### Ink-Stained Amazons & Cinematic

**Warriors:** Superwomen in Modern Myth,

Adults, 9/4, 7pm

**Feeding the Young Athlete,** Adults, 9/11, 7pm

### Friends of the Shoreline Library Book Sale:

Fri, 9/19, 5-7pm (members) Sat, 9/20, 10am-4pm

all welcome; Sun, 9/21, 12-2pm, \$3 Bag Sale.

### Fiestas: Early Literacy Parties in Spanish,

Adults & Families, Wed, 10/1-11/19, 1-2:30pm

### Opera Preview: Don Giovanni

with Norm Hollingshead, 10/9, 7pm

### Dr. Doyle & Mr. Holmes: The Cultural Staying

Power of Sherlock Holmes, Adults, 10/23, 7pm

### Knight Life: Knights of Veritas Interactive

Program! Adults, 11/20, 7pm

**You'd Like to Try Sea Kayaking?** Adults, 12/3, 7pm

**Opera Preview: Tosca,** Adults, 12/18, 7pm

### World Language Story Times:

**Spanish:** 3-6 yrs, Tue, 6:30pm, call for dates

**Korean & Chinese:** 2-6 yrs, call for info

### English Language Story Times

run 9/8-10/14 & 11/3-12/9, no Story Time 11/11

**Family Story Time:** all ages, Mon, 7pm

**Young Toddler Story Time:** 12-24 month, Tue, 10:05am

**Preschool Story Time:** 3-5 yrs, Tue, 11am

**Ongoing Programs:** Please visit our website or call for dates, times and/or additions & info:

eReader and Digital Downloads Demos,

Book a Librarian, Game On, Study Zone,

Talk Time, SCORE Counseling, Citizenship

Workshop etc.

## CHANGES Parent Support Group

CHANGES Parent Support Network fosters healthy families by equipping parents with the tools to change their behavior. Weekly support groups meet on Thursday nights. Free seminars on issues that impact youth and parenting are presented on the 3rd Saturday of the month at Shoreline City Hall. For more information call: 1 (888) 468-2620.

## Shoreline Children's Center

1900 N 170th • (206) 361-4256

Ages 2-1/2 to 12 Years - 6:30am-6:30pm

## Dale Turner Family YMCA

19290 Aurora Avenue N • (206) 363-0446

[daleturnerymca.org](http://daleturnerymca.org)

## Richmond Beach Library

19601 21st Avenue NW • (206) 546-3522

Hours: Mon-Thu 10am-9pm

Fri: 10am-6pm Sat: 10am-5pm

[kcls.org/richmondbeach](http://kcls.org/richmondbeach)

### Mastery Approach to Parenting in Sports:

9/9 at 7pm

**SAT class:** (first meeting at RB; others at Shoreline) 9/20 Saturday 10am-5pm. Call to register.

**Successful Trekking: Patagonia, Nepal, Peru, Camionero de Santiago & more!** 9/23, Tue, 7pm

**Scary Stories for Brave Listeners:** 10/23, 7pm

**Winter Hikes:** 10/14, Tue, 7pm

**Introduction to Snowshoeing:** 11/18, Tue, 7pm

**Holiday Magic Show:** 12/29, Mon, 2pm

What has amazing magic, mysterious mind

reading, and a reindeer that does card-tricks?

Jeff Evans' Holiday Magic Show! Come join us

in the meeting room for this must-see laugh-out-

loud event! Ages 5 and older, families welcome.

Space is limited. First come, first seated.

Sponsored by the Friends of the Richmond Beach Library.

**Please visit our website or call the library for the dates and times of our ongoing and additional programs:**

**Talk Time:** Tue, 4-6pm

**Teen Talk Time:** Wed, 4:30pm

**Toddler Story Time:** Thu, 10:15am

**Pre-school Story Time:** Thu, 11 am

**Family Story Time:** Wed, 7 pm

**Book Group:** 1st Mon of the month at 7pm

## Shoreline Fire Dept.

17525 Aurora Avenue N • (206) 533-6500

[shorelinefire.com](http://shorelinefire.com)

Follow us on Twitter@ShorelineFire.



## Shoreline Community College



16101 Greenwood Ave N • (206) 546-4606  
[shoreline.edu](http://shoreline.edu)

The Shoreline Community College Small Business Accelerator and the City of Shoreline's Economic Development Office are ready to help the new and emerging businesses of Shoreline with business planning and beyond.

We have workshops, classes, one-on-one counseling and opportunities for community involvement. For more information email [accelerator@shoreline.edu](mailto:accelerator@shoreline.edu) or call Mark McVeety at (206) 533-6647.

# Community Programs

## Shoreline-Lake Forest Park Senior Center

(206) 365-1536 • Hours: Mon-Fri 8:30 am-4:30 pm

18560 1<sup>st</sup> AVE NE #1, E-mail: [shorelinesc@seniorservices.org](mailto:shorelinesc@seniorservices.org)

Check out our Activities Guide posted on our website: [shorelinelfpseniorcenter.org](http://shorelinelfpseniorcenter.org) for more information.

The Senior Center is a Wifi secure site!

### Fall Events:

#### ALOHA LUAU: 10 YEARS PLUS 2!

Oct 5, doors open at 5:00pm

Tickets will go on sale Sept 15. The event will feature a tradition luau feast and dancing. Dancers are from the senior center and Hokulani's Hula Studio. This group of dancers perform throughout the year, ages ranging from 3 to 94!



### SPECIAL EXERCISE CLASSES

These classes offer practical solutions for people with Parkinson's Disease and their care partners.

#### Walking Poles for Balance and Mobility:

Aug 25 to Sept 15, fee is \$23 for center members and \$26 for non-members.

#### Fall Prevention for People with

**Parkinson's:** Sept 29-Oct 20, fee is \$30 for center members and \$35 for non-members.

### Holiday Bazaar:

**Oct 31 & Nov 1, 10:00am-4:00pm.** Come start your holiday shopping at the senior center! Over 20 vendors with handcrafted items, bake sale and rummage sale. The ThimbleBelle Quilters have a beautiful queen quilt that will be raffled off on Saturday, Nov. 1. Food will be served throughout the event. The Bargain Corner will have a special sale and the Silent Auction is not to be missed.

### LUNCHTIME: FROM SCRATCH MEALS!

Service time is 11:45am to 12:15pm arrive earlier as meals tickets are issued on a first come first served basis. The third Thursday of each month is a special Birthday Lunch for all current Senior Center members. Menus are posted: [www.shorelinelfpseniorcenter.org](http://www.shorelinelfpseniorcenter.org). Cost: \$3.00 60 & over, under 60: \$6.00.

### Karaoke/Bingo

Friday Sept 12, Oct 10, Nov 14 & Dec 12

**Reservations are a must:** go on-line to [shorelinelfpseniorcenter.org](http://shorelinelfpseniorcenter.org). If you need assistance for reservations please call us at 206-365-1536 or come in to the center; our staff can help you get your reservations. Doors open at 6:00pm, games begin at 7:00pm - for ages 21 and up. Food, beer, wines and soft drinks sold. It's a fundraiser for the Senior Center; bring all of your family and friends!

### Power of One Program Has a Website-Classes fill Quickly!

[www.powerofonevolunteers.wordpress.com](http://www.powerofonevolunteers.wordpress.com)

When you volunteer in a school through the Power of One Program, you get to help make a difference in the lives of young people. Power of One volunteers help in nearly all Shoreline Public Schools. Your time and talents can mean a world of difference to students needing extra academic support: Contact Karen Kessinger at (206) 365-1169 or [karen.kessinger@shorelineschools.org](mailto:karen.kessinger@shorelineschools.org).

# Safety Fair

Saturday, October 11, 2014 9:00 am-2:00 pm

Shoreline City Hall

17500 Midvale Ave N Shoreline, WA

Learn how to prepare yourself and your family for an emergency!

Everything you need to know on how to build a kit and make a plan!

Win our raffle prizes!



For more information contact (206) 801-2254 or [shorelineoem@shorelinewa.gov](mailto:shorelineoem@shorelinewa.gov)



What to do to  
**Make it  
Through**

- 1 MAKE A PLAN
- 2 BUILD A KIT
- 3 HELP EACH OTHER

[www.makeitthrough.org](http://www.makeitthrough.org)



# Register Now!

## SHORELINE RESIDENTS:

Registration begins August 25

- Pre-Registration is required for all classes.
- All fees are due at time of registration.

## LAKE FOREST PARK RESIDENTS:

\*Registration August 27 8am - August 28 8am

\*Limited time resident rate discount

- Payment is accepted by cash, credit card, check, money order or credit on a recreation account.

## NON-RESIDENTS:

Registration begins August 28

- Photographs and videotapes may be taken by staff for future publications.



**ONLINE:** [shorelinewa.gov/registration](http://shorelinewa.gov/registration)



New to Shoreline's recreation programs? Use the New Account Set Up form available online to obtain a Family PIN and Client ID. You will usually receive access within 2 business days. Returning customers can receive their existing Family Pin and individual barcode by calling (206) 801-2600. Most programs are available to register online. Registration for athletic leagues is not available online at this time.



### BY PHONE:

**By VISA/MasterCard ONLY!**

**Call: (206) 801-2600**

**For all programs and facility rentals (except pool) Spartan Recreation Center**

Mon-Thu 8:00 a.m.-9:00 p.m.  
Fri 8:00 a.m.-5:00 p.m.  
Sat 8:00 a.m.-4:00 p.m.

**Shoreline Pool: (206) 801-2650 #4**

Mon-Fri 7:00 a.m.-8:30 p.m.  
Sat 9:00 a.m.-2:45 p.m.  
Sun 11:30 a.m.-2:45 p.m.



### IN PERSON:

**Spartan Recreation Center -**  
202 NE 185th St., Shoreline

For all programs or facility rentals (except pool)

**Shoreline Pool -**  
19030 1st Ave. NE, Shoreline

**Please note: No in-person registration at City Hall**



### MAIL IN:

(No mail in for Pool programs)

Send form and payment by check to: (no credit card payments)

**Spartan Recreation Center -**  
202 NE 185th St.  
Shoreline, WA 98155

### Wait-list:

**If the class for which you want to register for is full, consider getting on the wait-list.**

### REFUNDS

- A:** If City of Shoreline cancels a class, 100% credit on account or full refund.  
**B:** If participant requests a refund prior to the first day of class, a full refund will be awarded.  
**C:** Refund requests made after the start of a class are subject to program supervisor approval and may be granted on a prorated basis.  
**D:** Refunds will not be processed after the final class.



**CITY OF SHORELINE - PARKS, RECREATION & CULTURAL SERVICES: (206) 801-2600**



Date	Last Name	First Name
Address		E-Mail
City/State		Zip

Home Phone # ( )
Work Phone # ( )
Emergency # ( )

CLASS NUMBER	CLASS TITLE	PARTICIPANT NAME	ACTIVITY DAY(S) /TIME(S)	DATE OF BIRTH	FEE

**To pay with check:**

- ☐ Checks payable to:  
City of Shoreline

**MAIL TO: Spartan Recreation Center**

202 NE 185th St., Shoreline, WA 98155

In consideration of being allowed to participate in the recreation programs and community events offered by the Shoreline Parks, Recreation and Cultural Services Department, I assume all risk of injury, damage and harm to myself which may arise from my participation or my child's participation in the activities or use of City facilities. I further agree to release and hold harmless the City of Shoreline, its officials, employees, and agents and agree to waive any right of recovery that I may personally have in the future to bring a claim or lawsuit for damages against them for any personal injury, death, or harmful consequence occurring to me arising out of my participation or the child's or children's participation in the activity, unless the claim is the result of the City's sole negligence.

X \_\_\_\_\_



The Recreation Guide is produced by the  
Parks, Recreation & Cultural Services Dept.,  
(206) 801-2630,  
sharp@shorelinewa.gov  
Editing, Design & Layout:  
Sheryle Harp, Mary Reidy  
Photos: Danyelle Harp, Lars Giusti &  
Parks, Recreation and Cultural Services staff.



Printed on  
post-consumer  
recycled paper with  
soy-based ink.



**We're on Facebook and YouTube!**



Shoreline City Hall  
17500 Midvale Avenue N.  
Shoreline, WA 98133-4905

Time Dated Material  
Postmaster:  
Please deliver August 19-22

PRSRT STD  
U.S. Postage  
PAID  
Seattle, WA  
Permit No. 6651

ECRWSS  
Postal Customer

### SAVE THIS BROCHURE!

It contains all the information for  
classes and events September thru  
December. Our next guide, the winter issue,  
will be mailed the end of December 2014.

To help us correct addresses or eliminate duplicates, please call (206) 801-2600.

**Resident registration  
begins August 25**

# INDOOR PLAYGROUND

**AT THE SPARTAN RECREATION CENTER  
REOPENS ON **September 22<sup>nd</sup>****

Join the fun in our large gymnasium full of balls, ride-on  
toys, climbing mats, slides and teeter-totters.



*A special Indoor Playground Costume Party  
will be held on Halloween morning.*

***This is the perfect environment for your  
little ones (ages 1-4) to burn energy; socialize  
with other children and have some fun!***

WEEKDAYS: SEPT. - MAY  
9:30 - 11:30 AM  
\$2.00 PER CHILD



For more information: [www.shorelinewa.gov/youth](http://www.shorelinewa.gov/youth) or (206) 801-2600